Gayle's Sandwiches

Italiano Ficelle
Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 12.75

Turkey & Jarlsberg Ficelle
With dill pickle and dijonnaise. 12.75

Lemon Feta & Roasted Tomato Ficelle
Roasted tomatoes, green olives, whipped lemon feta spread & arugula. Vegetarian 12.75

Almond Tarragon Chicken Salad Croissant
Roasted chicken, fresh tarragon, velery, chopped almonds, scallions & mayo in a flaky croissant. 13.25

Tri Tip & Pimento Cheese
Grilled tri tip, pimento cheese spread, romaine lettuce & pickled red onion on a soft roll. 14.95

Milano Sandwich
Hard-boiled egg, mozzarella, spinach, tomato & mayo on our sliced muesli bread. Vegetarian 11.95

Chicken Bacon Ranch Sandwich
Grilled chicken, smoky bacon, dill havarti, pickled red onion, lettuce & ranch dressing on a soft roll. 14.95

Tuna & Prosciutto on Focaccia
With thin sliced lemon and tangy caper mayo. 13.25

Open Faced Ham & Brie
Thin slices of red onion, capers, and herb mayo, open faced on sliced francese baguette . 10.50

Turkey with Mom's Stuffing & Cranberry
Roast turkey, mom's stuffing, housemade cranberry sauce, lettuce & herb mayo on Capitola sourdough. 13.95

Vegan Veggie Wrap
Housemade hummus, kale ribbons, avocado, grated carrot & red cabbage in a whole wheat tortilla. 11.50

Gayle's Salads

Crunchy Broccoli & Pecan
With apples & gruyere cheese. Vegetarian, wheat-free
6.25 / 12.50 / 24.95

Abby's Pasta Salad
Farfalle pasta, gorgonzola cheese, arugula & toasted walnuts. Vegetarian
6.25 / 12.50 / 24.95

Venetian Rice Salad
With Corralitos ham, mozzarella, olives, cornichons & peas with an olive oil lemon dressing. Wheat-free
6.25 /12.50 / 24.95

Moroccan Beet Salad
Roasted beets with mint, cilantro & orange zest. Vegan, wheat-free
6.25 / 12.50 / 24.95

Curried Quinoa & Kale
With tomato, feta, kale & a curry-lemon dressing w/ candied ginger. Vegetarian
5.95 /11.95 / 23.50

Shrimp & Artichoke Salad
Shrimp, cherry tomatoes, artichoke hearts, celery, capers and a light dressing. Wheat-free
7.25 /14.50 / 28.95

Vegan Sesame Noodle Salad
Udon noodles, baked tofu, snap peas, toasted sesame seeds, napa cabbage, carrots, scallions & cilantro with a sesame-lemon dressing. Vegan
6.25 /12.50 / 24.95

Italian Chopped Salad
Romaine, radicchio, salami, olives, tomatoes, mozzarella and capers with an Italian dressing
6.25 /12.50 / 24.95

Fresh Fruit Salad
Seasonal, ripe fruit. Vegan
6.25 / 12.50 / 24.95

Masala Chicken or Albacore Tuna Salads
9.25 / 18.50 / 36.95

Entrée Salads

Gayle's Favorite Salad, *Vegetarian*
Romaine & spring mix, black olives, carrots, green onion, pickled beets, garbanzos, cucumbers & toasted sunflower seeds and a bright mustard vinaigrette (contains egg) 15.95i8u5

Bistro Salad, *Vegetarian*
With goat cheese, dried cranberries & spiced nuts. 15.25

Caesar Salad *12.75*
Housemade croutons & parmesan.
with Chicken Breast *16.75*

Salmon Niçoise Salad
With lettuce, green beans, cherry tomatoes, hard-boiled egg, red potatoes & Niçoise olives with a Dijon red wine vinaigrette. 18.95

Grilled Chicken Salad with Citrus Poppyseed Dressing
Romaine, oranges, almonds, cucumber, cilantro, scallions, marinated & grilled chicken breast and poppy seed dressing. WF 18.95