

GAYLE'S Sandwiches

Italiano Ficelle

Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 12.75

Turkey Cubano Ficelle

With Jarlsberg cheese, dill pickle and chipotle mayo. 12.75

Caponata & Goat Cheese Ficelle

Laura Chandel goat cheese, housemade caponata & arugula. Vegetarian 12.75

Masala Chicken Salad Croissant

Roasted chicken, slivered almonds, housemade mayo, currants, celery & scallions in a flaky croissant. 13.25

Tri Tip & Cheddar

Grilled tri tip, white cheddar, horse-radish poppy seed sauce, pickled red onion & arugula on a soft roll. 14.95

Mortadella & Mozzarella on Focaccia

Thinly sliced mortadella, mozzarella and arugula with a lemon-caper dijonnaise on our housemade focaccia. 13.95

Turkey, Avocado & Pepper Jack

With lettuce, tomato & mayo on a Dutch crunch bun. 12.95

Also available vegetarian without turkey 11.50

Chicken Bacon Ranch Sandwich

Grilled chicken, smoky bacon, dill havarti, pickled red onion, lettuce & ranch dressing on a soft roll. 14.95

Tofu Banh Mi

With pickled red onion, carrot, radish, cilantro & vegan sriracha mayo on a soft roll. 11.95 Vegan

Tuna & Cheddar

Albacore tuna with celery, red onion, cornichons & mayo with lettuce & housemade pickles on Capitola sour-dough. 12.95

Egg Salad Sandwich

With mayo and butter lettuce on our Challah bread. 9.95

GAYLE'S *Salads*

Red, Green & Gold Kale Salad

Organic kale, roasted beets, butternut squash, roasted tomatoes garbanzo beans & pumpkin seeds with a white balsamic dressing. Vegan 5.95 / 11.95 / 23.50

Cashew-Miso Broccoli

Broccoli, carrots, radish & a miso dressing. Vegetarian 6.25 / 12.50 / 24.95

Fresh Fruit Salad

Seasonal, ripe fruit. Vegan 6.25 / 12.50 / 24.95

Green Bean & Artichoke

Hazelnuts, basil & a lemon vinaigrette. Vegan 6.25 / 12.50 / 24.95

Farro & Apple Salad

Toasted almonds, parmesan cheese, basil, parsley & a honey-dijon dressing. Vegetarian 6.25 / 12.50 / 24.95

Tuscan Pasta Salad

Penne pasta, cannellini beans, Spanish olives, toated nut nuts, currants, parsley & a tomato vinaigrette. Vegetarian 6.25 / 12.50 / 24.95

Grilled Polenta Salad

Fresh mozzarella, kalamata olives, baby spinach, tomatoes & basil with a red wine vinaigrette. Vegetarian 6.25 / 12.50 / 24.95

Southwest Quinoa

Charred corn, cherry tomatoes, roasted pumpkin seeds, cilantro & a creamy chipotle dressing. Vegetarian 6.25 / 12.50 / 24.95

Ginger Beet Salad

Roasted beets, candied ginger & baby spinach with a ginger dressing. Vegan 6.25 / 12.50 / 24.95

Masala Chicken or Albacore Tuna Salads

9.25 / 18.50 / 36.95

ENTRÉE SALADS

Gayle's Favorite Salad, Vegetarian

Romaine & spring mix, black olives, carrots, green onion, pickled beets, garbanzos, cucumbers & toasted sunflower seeds and a bright mustard vinaigrette (contains egg) 15.95i8u5

Bistro Salad, Vegetarian

With goat cheese, dried cranberries & spiced nuts. 15.25

Caesar Salad 12.75

Housemade croutons & parmesan.

with Chicken Breast 16.75

Salmon Niçoise Salad

With lettuce, green beans, cherry tomatoes, hard-boiled egg, red potatoes & Niçoise olives with a Dijon red wine vinaigrette. 18.95

Grilled Chicken Salad with Citrus Poppyseed Dressing

Romaine, oranges, almonds, cucumber, cilantro, scallions, marinated & grilled chicken breast and poppy seed dressing. WF 18.95