

Cold Case Grab & Go

COLD DINNERS September 1-30, 2026

Chicken Schnitzel – chicken breast, flour, egg, salt, pepper, canola oil, panko (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), parsley, cayenne pepper, dried mustard. **Gravy:** chicken stock (*chicken bones, paprika, salt, pepper, oregano*), bacon, heavy cream, flour, butter, salt, pepper.

buttermilk mashed potatoes: russet potatoes, heavy cream, buttermilk, butter, salt, pepper.

buttered green beans: green beans, butter, salt, pepper.

Allergens: wheat, egg, dairy

Shiitake Beef Stroganoff – **stroganoff:** beef tenderloin, shiitake mushrooms, sour cream, beef paste (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup(not high fructose), solids, beef extract, dextrose, beef fat*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), yellow onion, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), sherry, butter, flour, salt, pepper. **parsley pappardelle:** pappardelle (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), parsley, butter, salt, pepper. **green goddess salad:** romaine lettuce, spring mix, radish, cherry tomato, carrot. **dressing:** mayonnaise (*pasteurized egg yolks, whole eggs, Canola Oil, olive oil (refined olive pomace oil, extra virgin olive oil), white wine vinegar, Dijon Mustard (water, mustard seeds, vinegar, salt, sulfite), salt, white pepper*), sour cream, buttermilk, garlic, anchovies (*anchovy, olive oil, salt*), green onion, parsley, lemon juice, red vinegar, salt, pepper.

Allergens: soy, dairy, onion, wheat, egg, alcohol

Pistachio Crusted Salmon – salmon, pistachios, lemon zest, garlic, salt, pepper.

glazed in: honey, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, cayenne, lemon juice. **Herb roasted baby Yukon potatoes:** Yukon gold potatoes, olive oil (*refined olive pomace oil, extra virgin olive oil*), parsley, thyme, oregano, garlic, salt, pepper. **fresh asparagus:** asparagus, butter, salt, pepper.

Allergens: dairy, nuts, garlic

COLD GRAB & GO

Pastas

Spaghetti & Meatballs – *meatballs*: ground beef, english toaster bread crumbs (*unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract*), onion, parmesan (*pasteurized milk, cheese culture, salt, enzymes*), parsley, eggs, fresh basil, garlic, dried oregano, salt, pepper.

Spaghetti Noodles (*durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid*). *Sauce*: tomato, garlic, onion, white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), crushed red pepper, oregano, salt, pepper, bay leaf, basil.

Allergens: dairy, onion/garlic, egg, alcohol, wheat

Spring Pappardelle with snap peas and asparagus– pappardelle pasta (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), asparagus, snap peas, butter, chives, parmesan (*pasteurized milk, cheese culture, salt, enzymes*), lemon zest, shallots, olive oil, kosher salt, pepper.

Allergens: dairy, garlic/onion, egg, wheat

Spinach Gorgonzola Pasta – pasta shells (*durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid*), gorgonzola sauce (*bechamel sauce (milk, butter, flour, nutmeg, salt, pepper), gorgonzola cheese*), ricotta, frozen spinach, gorgonzola cheese, garlic, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), salt, pepper.

Allergens: dairy, garlic, wheat

Penne d'Alba – penne pasta (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid), iron (ferrous lactate)*), red sauce (*canned pear tomatoes, olive oil (refined olive pomace oil, extra virgin olive oil), garlic, salt, pepper*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), garlic, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.

Allergens: dairy, garlic, wheat

Lasagne Bolognese – lasagna noodles (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid), iron (ferrous lactate)*), Bolognese sauce (*ground beef, carrots, celery, onion, garlic, pear tomato, red pepper flakes, tomato paste (tomato pulp, citric acid), white wine, red wine, sherry, bay leaves, basil, chicken stock (chicken bones, paprika, salt, pepper, oregano), salt, pepper, fresh oregano*), fresh spinach, ricotta, fresh basil, fresh oregano, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), garlic, salt.

Allergens: *dairy, onion/garlic, alcohol, wheat*

Spinach & Ricotta Lasagne – lasagna noodles (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid), iron (ferrous lactate)*), zesty sauce (*tomatoes, garlic, olive oil (refined olive pomace oil, extra virgin olive oil), crushed red pepper, basil, oregano, salt, pepper*), fresh spinach, ricotta, fresh basil, fresh oregano, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), garlic, salt.

Allergens: *dairy, garlic, wheat*

Entrees

Grilled Chicken Capellini - capellini pasta (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid), iron (ferrous lactate)*), grilled marinated chicken breast (*gluten free tamari (water, soybeans, salt, sugar), lemon juice, canola oil, sesame oil, sugar, garlic, dry mustard, kosher salt, black pepper*), cherry tomatoes, mozzarella (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), scallions, parsley.

Dressing: olive oil (*refined olive pomace oil, extra virgin olive oil*), canola oil, red wine vinegar, tomato puree, garlic, red pepper flakes, sugar, kosher salt, black pepper.

Allergens: *wheat, soy, sesame, garlic/onion, dairy*

Indian Butter Chicken Dinner – Chicken: boneless chicken thighs, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, onion, grated ginger, garlic, tomato paste (*tomato pulp, citric acid*), garam masala (*cumin, coriander, black pepper, cardamom, cinnamon, red pepper, nutmeg, allspice*), kashmiri chili powder, cumin, salt, pepper, heavy cream, chicken stock (*chicken bones, paprika, oregano, salt, pepper*), plain greek yogurt.

Cilantro Rice: basmati rice, cilantro, scallions, butter, salt, pepper

Peas & baby spinach: peas, baby spinach, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, white wine, salt, pepper.

Allergens: *dairy, garlic/onion, alcohol*

Chicken Parmesan – chicken breast, panko breadcrumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), garlic, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), thyme, egg, flour, parsley, canola oil (for frying). **Sauce:** tomato, tomato paste (*tomato pulp, citric acid*), white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), basil, garlic, oregano, red pepper flakes, salt, pepper.

Allergens: *dairy, garlic, egg, alcohol, wheat*

Meatloaf & Mashed Potatoes *meatloaf:* ground beef, celery, carrots, yellow onion, capitola sourdough breadcrumbs (*organic white flour, water, levain (organic unbleached wheat flour, organic whole wheat flour, water)*, *Organic Rye Flour, organic wheat flour, sea salt*), eggs, salt, pepper, red pepper flakes, dried oregano, ketchup (*tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring*). *Mashed potatoes:* russet potatoes, heavy cream, butter, salt, pepper.

Allergens: *onion, wheat, egg, dairy*

Chicken Pot Pie – chicken meat (*roasted with salt, paprika, oregano, garlic*), Italian chicken sausage (*chicken, mozzarella cheese (pasteurized milk, cultures, salt, enzymes, cellulose added to prevent caking), contains 2% or less of the following: parsley, roasted garlic (with olive oil), salt, spices, vinegar, paprika, sugar, basil, celery powder, sea salt. Stuffed in a natural pork casing*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), onion, red potato, carrot, mushroom, celery, butter, flour, green olives (*olives, water, sea salt, lactic acid, spices*), sage, rosemary, oregano, bay leaf, peppercorn, clove.

Crust: pastry flour, cake flour, unsalted butter, water, salt, egg wash on top (*eggs, milk*)

Allergens: *dairy, onion/garlic, egg, wheat*

Polenta Casserole - polenta (*polenta (corn), garlic, parmesan (pasteurized milk, cheese culture, salt, enzymes), white wine, mascarpone (pasteurized cream & milk, citric acid), oregano, salt, pepper*), zesty red sauce (*tomatoes, garlic, olive oil (refined olive pomace oil, extra virgin olive oil), crushed red pepper, basil, oregano, salt, pepper*), cremini mushrooms, white mushrooms, sauteed spinach, yellow onion, white wine, chive, olive oil (*refined olive pomace oil, extra virgin olive oil*), fresh oregano, butter, garlic, salt, pepper, asiago cheese (*pasteurized milk, cheese cultures, salt, enzymes*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*).

Allergens: *dairy, onion/garlic, alcohol*

Chicken Enchiladas – corn tortillas (*Ground corn treated with lime, propionic acid (to preserve freshness), guar gum, cellulose gum, benzoic acid (preservative), phosphoric acid (acidulant), and enzymes (to preserve freshness)*), chicken (*roasted with salt, paprika, oregano, garlic*), jack cheese (*pasteurized milk, cheese cultures, salt, enzymes*), yellow onion, enchilada sauce (*chicken stock (chicken bones, paprika, oregano, salt, pepper), water, sour cream, mild green chilis, gluten free flour (garbanzo bean flour, potato starch, tapioca flour, white sorghum flour, fava bean flour), salt, pepper*), cumin, chili powder, cilantro, salt, pepper.

Allergens: *dairy, onion/garlic*

Potato & Kale Enchiladas – potato, pepper jack cheese, yellow onion, kale, roasted poblano chili, green bell pepper, cilantro, cumin, salt, pepper, corn tortilla (*Ground corn treated with lime, propionic acid (to preserve freshness), guar gum, cellulose gum, benzoic acid (preservative), phosphoric acid (acidulant), and enzymes (to preserve freshness)*). Sauce: red enchilada sauce (*tomato puree (water, tomato paste), water, red chili puree, salt, chili pepper, canola oil, onion powder, spices, garlic puree, colored with oleoresin paprika, pectin, corn starch, natural flavors, lemon juice concentrate, citric acid, guar gum, xanthan gum, garlic powder, autolyzed yeast extract, locust bean gum*), heavy cream.

Allergens: *dairy, onion/garlic*

BBQ Pork Ribs - St. Louis pork ribs, BBQ sauce (*red wine vinegar, brown sugar, ketchup (tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring), worcestershire sauce (water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, rice flour, natural flavor, guar gum, benzoate of soda), garlic, salted butter, Tabasco (distilled vinegar, red pepper, salt)*).

Allergens: *dairy, onion/garlic, soy, wheat*

Twice Baked Potato – russet potatoes, sour cream, cheddar cheese (*cultured milk, salt, enzymes, annatto (color)*), white cheddar cheese, manufacturing cream, green chili, black olives (*ripe olives, water, sea salt*), salt, pepper.

Allergens: *dairy*

Mashed potatoes: russet potatoes, heavy cream, butter, salt, pepper

Allergens: *dairy*

Gayle's Own Sides

Deviled Eggs – hard boiled eggs, mayo (*canola oil, olive oil* (refined olive pomace oil, extra virgin olive oil), *egg, white wine vinegar, Dijon mustard* (water, mustard seeds, vinegar, salt, sulfites), *salt, white pepper*), chives, dried mustard, white wine vinegar, black pepper, kosher salt, paprika, cayenne.

Allergens: *onion, egg, alcohol*

Dill Pickles – cucumber, water, salt, vinegar, calcium chloride, sodium benzoate, natural flavoring & spices

Allergens: *(no common allergens)*

Housemade Pickles – hot house cucumbers, brown sugar, apple cider vinegar, kosher salt, mustard seed, turmeric, whole cloves, allspice berries, crushed red pepper, yellow onion.

Allergens: *onion*

Garlic Bread – *Francese Baguette*: unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract. *Garlic butter*: salted butter, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), garlic, parsley.

Allergens: *dairy, garlic, wheat*

Garlic butter: salted butter, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), garlic, parsley

Allergens: *dairy, garlic*

Garlic & Artichoke Dip – artichoke hearts (*artichoke quarters, water, sunflower oil, distilled cane vinegar, salt, olive oil, garlic, spices, ascorbic acid*), cream cheese (*pasteurized milk & cream, salt, carob bean gum, cheese culture*), sour cream, garlic, scallions, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.

Allergens: *dairy, onion/garlic*

Hummus – garbanzo beans, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, tahini (*ground sesame seeds*), parsley, scallions, garlic, cumin, salt, black pepper.

Allergens: *sesame, onion/garlic*

Roasted Red Pepper Cashew Spread: cashews, roasted red bell pepper (*fire roasted peppers, water, salt, citric acid, calcium chloride*), olive oil (*refined olive pomace oil, extra virgin olive oil*), gluten free tamari (*water, soybeans, salt, sugar*), cayenne.

Allergens: *nuts, soy*

Savory Cheese Spread - cream cheese (*pasteurized milk & cream, salt, carob bean gum, cheese culture*), Spanish olives (*queen olives, water, minced pimiento, salt, lactic acid, sodium alginate, guar gum, calcium chloride, potassium sorbate*), pepperoncini (*peppers, water, distilled vinegar, salt, citric acid, benzoate, sodium bisulfite, yellow 5*), garlic, pimento

Allergens: *dairy, garlic*

Orange Balsamic Vinaigrette - olive oil (*refined olive pomace oil, extra virgin olive oil*), orange juice, red wine vinegar, balsamic vinegar, sugar, garlic, red onion, red bell pepper, cayenne, parsley, salt, pepper.

Allergens: *onion/garlic*

Poppyseed Dressing – canola oil, apple cider vinegar, sugar, yellow onion, poppyseeds, salt, black pepper, dry mustard

Allergens: *onion*

Red Wine Vinaigrette - olive oil (*refined olive pomace oil, extra virgin olive oil*), canola oil, red wine vinegar, salt

Allergens: *(no common allergens)*

Sesame Lemon Dressing - canola oil, sesame oil, lemon juice, wheat free tamari sauce (*water, soybeans, salt, sugar*), garlic, dry mustard, sugar.

Allergens: *sesame, soy, garlic*

Truffle Mousse Pate - pork, chicken liver, egg, pork fat, milk, pork stock, skim milk powder, onions, salt, sherry wine, mushrooms, truffles, concentrated mushroom juice, hydrolyzed plant protein (*corn gluten, soy protein and wheat gluten*), pineau (*cognac, grape juice*), spices, garlic.

Allergens: dairy, onion/garlic, egg, alcohol, wheat

Marinated Anchovies – anchovies, sunflower oil, alcohol vinegar (contains traces of sulphites), salt, parsley, acidity regulator: citric acid, preservative: potassium sorbate.

Allergens: alcohol