

COLD DINNERS August 1-31, 2026

Teriyaki Flank Steak – flank steak, wheat free tamari (*water, soybeans, salt, sugar*), canola oil, brown sugar, orange juice, sambal oelek chili sauce (*red chili peppers, salt, sugar, acetic acid, potassium sorbate (preservative), xanthan gum, ascorbic acid*), ginger. **Sticky rice:** white rice, shiitake mushrooms, edamame, wheat-free tamari (*water, soybeans, salt, sugar*), scallions, cilantro, salt, pepper, sesame oil, olive oil (*refined olive pomace oil, extra virgin olive oil*).

baby bok choy stir fry: baby bok choy, spinach, garlic, white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.

Allergens: soy, garlic/onion, sesame, alcohol

Baked Chicken & Sage Meatballs – ground chicken thigh, parmesan, sage, parsley, red pepper flakes, granulated garlic, garlic cloves, shallots, butter, capicola sourdough (*levain (organic unbleached wheat flour, water), water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), kosher salt. **Chive & Parmesan Orzo:** orzo, sage, shallots, white wine, fresh thyme, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), heavy cream, spinach, parmesan, chive, butter, lemon zest, lemon juice, kosher salt, pepper. **fresh asparagus:** asparagus, butter, salt, pepper.

Allergens: dairy, garlic/onion, wheat, alcohol

Mediterranean Salmon – salmon, salt, pepper, parsley.

Mediterranean salsa: cherry tomatoes, kalamata olives, capers (*capers, water, distilled vinegar, salt*), pepperoncini (*peppers, water, distilled vinegar, salt, citric acid, benzoate, sodium bisulfite*), extra virgin olive oil, balsamic vinegar, garlic, red onion, oregano, salt, pepper. **lemon roasted potatoes:** baby yukons, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, garlic, fresh thyme, lemon zest, parsley, salt, black pepper. **basil green beans:** green beans, butter, basil, salt, pepper.

Allergens: garlic/onion, dairy

COLD DINNERS September 1-30, 2026

Chicken Schnitzel – chicken breast, flour, egg, salt, pepper, canola oil, panko (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), parsley, cayenne pepper, dried mustard. **Gravy:** chicken stock (*chicken bones, paprika, salt, pepper, oregano*), bacon, heavy cream, flour, butter, salt, pepper.

buttermilk mashed potatoes: russet potatoes, heavy cream, buttermilk, butter, salt, pepper.

buttered green beans: green beans, butter, salt, pepper.

Allergens: *wheat, egg, dairy*

Shiitake Beef Stroganoff – **stroganoff:** beef tenderloin, shiitake mushrooms, sour cream, beef paste (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup(not high fructose), solids, beef extract, dextrose, beef fat*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), yellow onion, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), sherry, butter, flour, salt, pepper. **parsley pappardelle:** pappardelle (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), parsley, butter, salt, pepper. **green goddess salad:** romaine lettuce, spring mix, radish, cherry tomato, carrot. **dressing:** mayonnaise (*pasteurized egg yolks, whole eggs, Canola Oil, olive oil (refined olive pomace oil, extra virgin olive oil), white wine vinegar, Dijon Mustard (water, mustard seeds, vinegar, salt, sulfite), salt, white pepper*), sour cream, buttermilk, garlic, anchovies (*anchovy, olive oil, salt*), green onion, parsley, lemon juice, red vinegar, salt, pepper.

Allergens: *soy, dairy, onion, wheat, egg, alcohol*

Pistachio Crusted Salmon – salmon, pistachios, lemon zest, garlic, salt, pepper.

glazed in: honey, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, cayenne, lemon juice. **Herb roasted baby Yukon potatoes:** Yukon gold potatoes, olive oil (*refined olive pomace oil, extra virgin olive oil*), parsley, thyme, oregano, garlic, salt, pepper. **fresh asparagus:** asparagus, butter, salt, pepper.

Allergens: *dairy, nuts, garlic*

HOT & COLD DINNERS August 31-September 6, 2026

Surf & Turf – Grilled prawns: prawns, butter, lemon juice, garlic, crushed red pepper, parsley, fish sauce (*anchovy, sea salt, water, sugar*), white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), kosher salt. **Flank steak:** flank steak, red wine vinegar, lemon juice, worcestershire sauce (*water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, wheat flour* (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), *natural flavor, guar gum, benzoate of soda*), wheat free tamari (*water, soybeans, salt, sugar*), garlic, parsley, dry mustard, salt, pepper.

Baked Potato: russet potato, butter, sour cream, chives, salt, pepper.

iceberg wedge: iceberg lettuce, carrots, parsley, bacon, cherry tomatoes.

with blue cheese dressing: mayonnaise (*pasteurized egg yolks, whole eggs, Canola Oil, olive oil* (refined olive pomace oil, extra virgin olive oil), *white wine vinegar, Dijon Mustard* (water, mustard seeds, vinegar, salt, sulfite), *salt, white pepper*), blue cheese, kosher salt, black pepper, sour cream, red wine vinegar, garlic, lemon juice.

Allergens: *alcohol, dairy, garlic/onion, soy, wheat, egg*

Roast Turkey – turkey: Diestel turkey, butter, salt, pepper, chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*). Brined in: brown sugar, rosemary, thyme, bay leaf, salt, and pepper. **Gravy:** chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), butter, flour, yellow onion, carrot, celery, thyme, bay leaf, red pepper flakes, salt, pepper. **Sourdough stuffing:** chicken or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), sourdough bread (*levain* (organic unbleached wheat flour, water), *water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), English toaster bread (*unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, malt extract*), butter, celery, onion, parsley, fresh thyme, bells seasoning (*rosemary, oregano, sage, ginger, marjoram, thyme, salt, pepper*), fresh sage, salt, pepper. **Mashed Potatoes:** russet potatoes, heavy cream, butter, salt, pepper. **Green Beans:** green beans, butter, thyme, salt, pepper. **cranberry sauce:** cranberry, sugar, water, orange juice.

Allergens: *dairy, wheat, onion*

Flank Steak w/ chimichurri sauce – Flank Steak, kosher salt, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, black pepper. **Chimichurri sauce:** garlic, cilantro, parsley, white wine vinegar, olive oil (*refined olive pomace oil, extra virgin olive oil*), cayenne. **sweet potato & swiss chard gratin:** red potatoes, sweet potatoes, swiss chard, yellow onion, jarlsberg cheese, butter, heavy cream, garlic, flour, thyme, white pepper, salt, nutmeg. **chopped salad:** romaine lettuce, green cabbage, carrots, jicama, cilantro, radish. **orange cumin dressing:** orange juice, olive oil (*refined olive pomace oil, extra virgin olive oil*), dijon mustard (mustard seeds, vinegar, salt, sulfite), salt, white pepper), white vinegar, cumin, salt, pepper, orange zest.

Allergens: wheat, dairy, garlic/onion

Chicken Parmesan – chicken breast, panko breadcrumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), garlic, parmesan, mozzarella, thyme, egg, flour, parsley, canola oil (for frying). **Sauce:** tomato, tomato paste (*tomato pulp, citric acid*), white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), basil, garlic, oregano, red pepper flakes, salt, pepper. **spaghetti:** spaghetti noodles (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate)))*), cauliflower, green olives, garlic, toasted almonds, parmesan, white wine, salt, pepper, parsley, red pepper flakes, olive oil (*refined olive pomace oil, extra virgin olive oil*). **caesar salad:** romaine lettuce, parmesan, croutons (*english toaster bread (unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract)*), butter, olive oil, garlic, salt).

Dressing: olive oil (*refined olive pomace oil, extra virgin olive oil*), anchovies (*anchovy, olive oil, salt*), garlic, dry mustard, egg, lemon juice, salt, pepper.

Allergens: alcohol, wheat, garlic/onion, dairy, egg, nuts

Harissa Baked Salmon – salmon, ginger, garlic, orange zest, orange juice, piquillo peppers, olive oil (*refined olive pomace oil, extra virgin olive oil*), ground fennel seed, sugar, tarragon, cayenne, salt, pepper. **roasted root vegetables:** red potato, carrots, beets, parsnips, red onion, olive oil (*refined olive pomace oil, extra virgin olive oil*), thyme, rosemary, parsley, salt, pepper. **tzatziki cucumber salad:** cucumber, red onion, lemon juice, greek yogurt, fresh dill, dried oregano, parsley, garlic, salt, pepper

Allergens: garlic/onion, dairy

Baked Chicken & Sage Meatballs – ground chicken thigh, parmesan, sage, parsley, red pepper flakes, granulated garlic, garlic cloves, shallots, butter, capicola sourdough (*levain* (organic unbleached wheat flour, water), *water*, *organic unbleached wheat flour*, *organic whole wheat flour*, *organic rye flour*, *sea salt*), kosher salt. **Chive & Parmesan Orzo:** orzo, sage, shallots, white wine, fresh thyme, chicken stock (*chicken bones*, *paprika*, *salt*, *pepper*, *oregano*), heavy cream, spinach, parmesan, chive, butter, lemon zest, lemon juice, kosher salt, pepper. **battered broccoli:** broccoli, butter, salt, pepper. **Allergens:** *dairy, garlic/onion, wheat, alcohol*

SOUP

Vegan Vegetable - vegetable stock (*onion*, *celery*, *carrots*, *water*, *salt*, *pepper*), mushrooms, carrots, potatoes, zucchini, green beans, onion, cabbage, fresh basil, cauliflower, diced pear tomatoes, white wine, tomato puree (*tomatoes*, *water*), fresh parsley, garlic, dried basil, chili powder, dried oregano, bay leaves, salt, pepper
Allergens: *garlic/onion, alcohol*