

COLD DINNERS August 1-31, 2026

Teriyaki Flank Steak – flank steak, wheat free tamari (*water, soybeans, salt, sugar*), canola oil, brown sugar, orange juice, sambal oelek chili sauce (*red chili peppers, salt, sugar, acetic acid, potassium sorbate (preservative), xanthan gum, ascorbic acid*), ginger. **Sticky rice:** white rice, shiitake mushrooms, edamame, wheat-free tamari (*water, soybeans, salt, sugar*), scallions, cilantro, salt, pepper, sesame oil, olive oil (*refined olive pomace oil, extra virgin olive oil*).

baby bok choy stir fry: baby bok choy, spinach, garlic, white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.

Allergens: soy, garlic/onion, sesame, alcohol

Baked Chicken & Sage Meatballs – ground chicken thigh, parmesan, sage, parsley, red pepper flakes, granulated garlic, garlic cloves, shallots, butter, capicola sourdough (*levain (organic unbleached wheat flour, water), water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), kosher salt. **Chive & Parmesan Orzo:** orzo, sage, shallots, white wine, fresh thyme, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), heavy cream, spinach, parmesan, chive, butter, lemon zest, lemon juice, kosher salt, pepper. **fresh asparagus:** asparagus, butter, salt, pepper.

Allergens: dairy, garlic/onion, wheat, alcohol

Mediterranean Salmon – salmon, salt, pepper, parsley.

Mediterranean salsa: cherry tomatoes, kalamata olives, capers (*capers, water, distilled vinegar, salt*), pepperoncini (*peppers, water, distilled vinegar, salt, citric acid, benzoate, sodium bisulfite*), extra virgin olive oil, balsamic vinegar, garlic, red onion, oregano, salt, pepper. **lemon roasted potatoes:** baby yukons, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, garlic, fresh thyme, lemon zest, parsley, salt, black pepper. **basil green beans:** green beans, butter, basil, salt, pepper.

Allergens: garlic/onion, dairy

HOT & COLD DINNERS August 17-23, 2026

Everything Salmon – salmon, everything seasoning (*white sesame seeds, black sesame seeds, poppy seeds, dried minced garlic, dried minced onion, flaky sea salt*), sour cream, mayo (*pasteurized egg yolks, whole eggs, canola oil, olive oil* (refined olive pomace oil, extra virgin olive oil), *white wine vinegar, dijon mustard* (water, mustard seeds, vinegar, salt, sulfite), *salt, white pepper*), lemon juice, pickled red onion, capers, parsley, dill pickle, salt, pepper. *topping*: roma tomatoes, red onion, lemon juice, lemon zest, parsley, salt. **Dilly New Potatoes**: creamer red potatoes, fresh dill, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, garlic, salt, pepper.

fresh asparagus: asparagus, butter, salt, pepper.

Allergens: dairy, sesame, egg, garlic/onion

Indian Butter Chicken - boneless chicken thighs, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, onion, grated ginger, garlic, tomato paste (*tomato pulp, citric acid*), garam masala (*cumin, coriander, black pepper, cardamom, cinnamon, red pepper, nutmeg, allspice*), kashmiri chili powder, cumin, salt, pepper, heavy cream, chicken stock (*chicken bones, paprika, oregano, salt, pepper*), plain greek yogurt.

Cilantro Rice: white rice, cilantro, scallions, butter, salt, pepper.

Peas & baby spinach: peas, baby spinach, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, white wine, salt, pepper.

Allergens: dairy, garlic/onion, alcohol

Shiitake Beef Stroganoff – **stroganoff**: beef tenderloin, shiitake mushrooms, sour cream, beef paste (*roast beef and beef stock, salt, hydrolyzed protein* (soy, corn), *sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup*(not high fructose), *solids, beef extract, dextrose, beef fat*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), yellow onion, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), sherry, butter, flour, salt, pepper. **parsley pappardelle**: pappardelle (*durum wheat semolina, eggs, vitamins* (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))), parsley, butter, salt, pepper. **green goddess salad**: romaine lettuce, spring mix, radish, cherry tomato, carrot. **dressing**: mayonnaise (*pasteurized egg yolks, whole eggs, Canola Oil, olive oil* (refined olive pomace oil, extra virgin olive oil), *white wine vinegar, Dijon Mustard* (water, mustard seeds, vinegar, salt, sulfite), *salt, white pepper*), sour cream, buttermilk, garlic, anchovies (*anchovy, olive oil, salt*), green onion, parsley, lemon juice, red vinegar, salt, pepper.

Allergens: soy, dairy, onion, wheat, egg, alcohol

Roast Turkey – *turkey*: Diestel turkey, butter, salt, pepper, chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*). Brined in: brown sugar, rosemary, thyme, bay leaf, salt, and pepper. **Gravy:** chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), butter, flour, yellow onion, carrot, celery, thyme, bay leaf, red pepper flakes, salt, pepper. **Sourdough stuffing:** chicken or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), sourdough bread (*levain (organic unbleached wheat flour, water), water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), English toaster bread (*unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, malt extract*), butter, celery, onion, parsley, fresh thyme, bells seasoning (*rosemary, oregano, sage, ginger, marjoram, thyme, salt, pepper*), fresh sage, salt, pepper. **Mashed Potatoes:** russet potatoes, heavy cream, butter, salt, pepper. **Green Beans:** green beans, butter, thyme, salt, pepper. **cranberry sauce:** cranberry, sugar, water, orange juice.

Allergens: *dairy, wheat, onion*

Marsala Chicken Meatballs – ground chicken, cremini mushrooms, shallots, garlic, egg, parmesan, parsley, CSD breadcrumbs (*levain (organic unbleached wheat flour, water), water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), marsala wine, thyme, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, kosher salt, pepper. **sauce:** cremini mushrooms, shallots, flour, butter, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), marsala wine, kosher salt, pepper. **campanelle pasta:** pasta (*semolina, durum wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid*), parsley, butter, salt, pepper. **little gem salad:** romaine, radish, carrot, parsley. **lemon vinaigrette:** lemon juice, shallot, garlic, parsley, salt, pepper.

Allergens: *garlic/onion, egg, dairy, wheat, alcohol*

Beef Bourguignon – beef, onion, mushroom, garlic, bacon (*cured with salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrate*), red wine, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), beef base (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup, solids, beef extract, dextrose, beef fat*), tomato paste (*tomato pulp, citric acid*), bay leaf, rosemary, thyme, olive oil (*refined olive pomace oil, extra virgin olive oil*), flour, pearl onion, crushed red pepper, salt, pepper. **crème fraiche mashed potatoes:** russet potatoes, creme fraiche (*buttermilk, sour cream*), butter, salt, pepper, shallots, flour, canola oil, salt, pepper. **lemon broccolini:** broccolini, butter, lemon zest, salt, pepper.

Allergens: *garlic/onion, soy, dairy, wheat, alcohol*

Crispy Mustard Crusted Chicken – chicken breast, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), buttermilk, garlic, lemon zest, panko breadcrumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), thyme, parsley, salt, pepper, flour, canola oil. **Risotto:** arborio rice, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), lacinato kale, spinach, peas, yellow onion, parmesan cheese, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, butter, lemon juice, salt, pepper. **summer sauté:** zucchini, basil, tomato, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, white wine, red onions, salt, pepper,

Allergens: *dairy, garlic/onion, wheat, alcohol*

SOUP

Mexican Meatball Soup - beef broth (*beef base (roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup, solids, beef extract, dextrose, beef fat), paprika, salt, pepper, oregano*), diced tomatoes, chunky tomato salsa, onions, cilantro, white rice, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), bay leaves, meatballs (*ground beef, yellow cornmeal, eggs, milk, cumin, salt, pepper*)

Allergens: *soy, garlic/onion, egg, milk*