

GAYLE'S BLUE PLATE DINNERS + JULY 2026

DINNERS AVAILABLE COLD TO GO AT 7AM
AND HOT STARTING AT 4PM DAILY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><i>Enjoy our Independence Day Desserts!</i></p> <p>Fresh Berry Tartes, Cherry Berry Pie, Flag Cookies & Independence Cupcakes! Available June 29-July 5</p>		<p>1 Greek Flank Steak with olives, capers & cherry tomatoes Spinach Pie with feta & pine nuts Romaine & Radicchio Salad with red wine vinaigrette 25.95</p>	<p>2 Baked Chicken & Sage Meatballs Creamy Chive & Parmesan Orzo Buttered Broccoli 24.95</p>	<p>3 BBQ Pork Ribs Buttered Corn on the Cob Twice Baked Potato Summer Salad with cucumber & tomatoes 25.95</p>	<p>4 Independence Day Sorry, No Blue Plate Dinner Tonight. Stop by for all your BBQ fixin's! Open 6:30 am-4:00</p>	<p>5 Miso Glazed Salmon Sticky Rice with edamame & shiitakes Spicy Cucumber Salad with mint, scallions & peanuts 28.95</p>
<p>6 Chicken Parmesan Housemade Red Sauce & Mozzarella Spaghetti with almonds, olives & cauliflower Caesar Salad 23.95</p>	<p>7 Surf & Turf Grilled Prawns & Marinated Flank Steak Baked Potato with butter & sour cream Charred Lemon Broccolini 25.95</p>	<p>8 Roast Turkey housemade gravy & cranberry sauce Mashed Potatoes Mom's Sourdough Stuffing Green Beans with fresh thyme 27.95</p>	<p>9 Lamb Chops with fresh mint & pistachio pesto Au Gratin Potatoes Peas & Baby Spinach 26.95</p>	<p>10 Shiitake Beef Stroganoff Sherry & Sour Cream Parsley Pappardelle Green Goddess Salad 25.95</p>	<p>11 Chili-Lime Rubbed Salmon Poblano, Rice & Cheddar Gratin Watermelon Salad with mint & jalapeño 28.95</p>	<p>12 Oven BBQ Brisket Macaroni & Cheese Old Fashioned Coleslaw 24.95</p>
<p>13 Teriyaki Flank Steak Sticky Rice with edamame & shiitakes Baby Bok Choy Stir Fry 25.95</p>	<p>14 Chicken Piccata with lemon & capers Pasta Formaggio with sage & prosciutto Fresh Asparagus 24.95</p>	<p>15 Oven Poached Salmon with lemon dill sauce Pappardelle Pasta with snap peas & asparagus Spinach Salad with poppy seed dressing 28.95</p>	<p>16 Chicken Schnitzel Pepper Bacon Gravy Buttermilk Mashed Potatoes Buttered Green Beans 25.95</p>	<p>17 Beef Bourguignon Crème Fraîche Mashed Potatoes with crispy shallots Lemon Broccolini 25.95</p>	<p>18 Porchetta Pork Chop Smashed Garlic & Parmesan Baby Yukons Green Beans with Pancetta 24.95</p>	<p>19 Shrimp Scampi with Butter, Garlic & White Wine Linguine Italian Chopped Salad Rio Baguette 23.95</p>
<p>20 Prime Rib au jus Horseradish Cream Crème Fraîche Mashed Potatoes with crispy shallots Caesar Salad 27.95</p>	<p>21 Mustard Crusted Chicken Breast Artichoke & Fingerling Hash Fresh Asparagus 24.95</p>	<p>22 Grilled Salmon Artichoke-Piccata Sauce Fresh Corn Risotto Summer Salad with cucumber & tomatoes 28.95</p>	<p>23 Roast Turkey housemade gravy & cranberry sauce Mashed Potatoes Mom's Sourdough Stuffing Green Beans with fresh thyme 27.95</p>	<p>24 Indian Butter Chicken Cilantro Rice Peas & Baby Spinach 24.95</p>	<p>25 Flank Steak with chimichurri sauce Sweet Potato & Swiss Chard Gratin Charred Lemon Broccolini 25.95</p>	<p>26 Chicken Cacciatore with olives & tomatoes Cheesy Baked Polenta Basil Green Beans 24.95</p>
<p>27 Slow-Braised Lamb Shanks Dolmas Rice Pilaf Greek Country Salad with lemon dressing 24.95</p>	<p>28 Bistro Steak with red wine sautéed mushrooms French Onion & Gruyère Twice Baked Potatoes Butter Lettuce & Arugula Salad 26.95</p>	<p>29 Roast Pork Loin Apricot & Sourdough Stuffing Vermont Cheddar Mashed Potatoes Buttered Broccoli 24.95</p>	<p>30 Pistachio Crusted Salmon Herb Roasted Baby Yukons Fresh Asparagus 28.95</p>	<p>31 Chicken Marbella Prunes, Olives & Capers Buttered Basmati Rice Broccolini with preserved lemon 23.95</p>	<p>Hot Club Pacific Jazz Every Thursday Night 5:15pm- 7:15pm On the Patio!</p>	

JULY GRAB & GO DINNERS

Beef Bourguignon
Crème Fraîche Mashed Potatoes with crispy shallots
Lemon Broccolini
25.95

Crispy Mustard Crusted Chicken
Artichoke & Fingerling Hash
Fresh Asparagus
24.95

Oven Poached Salmon
Lemon Dill Sauce
Pappardelle Pasta with snap peas & asparagus
Baby Spinach Salad with poppy seed dressing
28.95

Grab & Go Dinners Available Cold To Go Daily Through July 31st

504 Bay Avenue • Capitola • Open 6:30am-7:30pm daily

Prices & selection subject to change.

7.2.26