

## **COLD DINNERS July 1-31, 2026**

**Beef Bourguignon** – beef, onion, mushroom, garlic, bacon (*cured with salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrate*), red wine, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), beef base (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup, solids, beef extract, dextrose, beef fat*), tomato paste (*tomato pulp, citric acid*), bay leaf, rosemary, thyme, olive oil (*refined olive pomace oil, extra virgin olive oil*), flour, pearl onion, crushed red pepper, salt, pepper.

**crème fraiche mashed potatoes:** russet potatoes, heavy cream, creme fraiche (*buttermilk, sour cream*), butter, salt, pepper, onions, flour, canola oil.

**lemon broccolini:** broccolini, butter, lemon zest, salt, pepper.

**Allergens: garlic/onion, soy, dairy, wheat, alcohol**

**Crispy Mustard Crusted Chicken** – chicken breast, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), buttermilk, garlic, lemon zest, panko breadcrumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), thyme, parsley, salt, pepper, flour, canola oil. **Fingerling potato and artichoke hash:** fingerling potatoes, artichokes, olive oil (*refined olive pomace oil, extra virgin olive oil*), onion, garlic, heavy cream, parsley, thyme, salt, pepper.

**fresh asparagus:** asparagus, butter, salt, pepper.

**Allergens: dairy, garlic/onion, wheat**

**Oven Poached Salmon with lemon dill sauce** – salmon, white wine, butter, lemon juice, salt, pepper. **lemon dill sauce:** sour cream, mayonnaise (*pasteurized Egg Yolks, Whole Eggs, Canola Oil, olive oil (refined olive pomace oil, extra virgin olive oil)*), *White Wine Vinegar, Dijon Mustard (water, mustard seeds, vinegar, salt, sulfite)*, salt, white pepper), meyer lemon juice, meyer lemon zest, fish sauce (*anchovy, sea salt, water, sugar*), dill, salt, black pepper, chili paste.

**pappardelle pasta with snap peas & asparagus:** pappardelle pasta (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), asparagus, snap peas, butter, chives, parmesan (*pasteurized milk, cheese culture, salt, enzymes*), lemon zest, shallots, olive oil, kosher salt, pepper.

**baby spinach salad:** spinach, hard boiled eggs, bacon, bell pepper, mushroom.

**poppy seed dressing:** canola oil, apple cider vinegar, sugar, yellow onion, poppy seeds, salt, dry mustard

**Allergens: alcohol, dairy, egg, garlic/onion**

## HOT & COLD DINNERS July 6-12, 2026

**Chicken Parmesan** – chicken breast, panko breadcrumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), garlic, parmesan, mozzarella, thyme, egg, flour, parsley, canola oil (for frying). **Sauce:** tomato, tomato paste (*tomato pulp, citric acid*), white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), basil, garlic, oregano, red pepper flakes, canola oil, salt, pepper. **spaghetti:** spaghetti noodles (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), cauliflower, green olives, garlic, toasted almonds, parmesan, white wine, salt, pepper, parsley, red pepper flakes, olive oil (*refined olive pomace oil, extra virgin olive oil*). **caesar salad:** romaine lettuce, parmesan, croutons (*english toaster bread (unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract), butter, olive oil, garlic, salt*).

**Dressing:** olive oil (*refined olive pomace oil, extra virgin olive oil*), anchovies (*anchovy, olive oil, salt*), garlic, dry mustard, egg, lemon juice, salt, pepper.

**Allergens: alcohol, wheat, garlic/onion, dairy, egg, nuts**

**Surf & Turf – Grilled prawns:** prawns, butter, lemon juice, garlic, crushed red pepper, parsley, fish sauce (*anchovy, sea salt, water, sugar*), white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), kosher salt. **Flank steak:** flank steak, red wine vinegar, lemon juice, worcestershire sauce (*water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), natural flavor, guar gum, benzoate of soda*), wheat free tamari (*water, soybeans, salt, sugar*), garlic, parsley, dry mustard, salt, pepper.

**Baked Potato:** russet potato, butter, sour cream, chives, salt, pepper.

**Charred Lemon Broccolini:** broccolini, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic powder, crushed red pepper, lemon juice, salt, pepper

**Allergens: alcohol, dairy, garlic/onion, soy, wheat, egg**

**Roast Turkey – turkey:** Diestel turkey, butter, salt, pepper, chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*). Brined in: brown sugar, rosemary, thyme, bay leaf, salt, and pepper. **Gravy:** chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), butter, flour, yellow onion, carrot, celery, thyme, bay leaf, red pepper flakes, salt, pepper. **Sourdough stuffing:** chicken or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), sourdough bread (*levain (organic unbleached wheat flour, water), water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), English toaster bread (*unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, malt extract*), butter, celery, onion, parsley, fresh thyme, bells seasoning (*rosemary, oregano, sage, ginger, marjoram, thyme, salt, pepper*), fresh sage, salt, pepper. **Mashed Potatoes:** russet potatoes, heavy cream, butter, salt, pepper. **Green Beans:** green beans, butter, thyme, salt, pepper. **cranberry sauce:** cranberry, sugar, water, orange juice.

**Allergens: dairy, wheat, onion**

**Lamb Chops –** lamb chops, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, honey, garlic, salt, pepper. **Mint pesto:** pistachios, garlic, parmesan cheese, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, mint, parsley, salt, pepper. **Au gratin potatoes:** russet potatoes, heavy cream, milk, garlic, gruyere cheese, nutmeg, butter, salt, pepper. **Peas & baby spinach:** peas, baby spinach, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, white wine, salt, pepper.

**Allergens: pistachios, dairy, garlic/onion, alcohol**

**Shiitake Beef Stroganoff – stroganoff:** beef tenderloin, shiitake mushrooms, sour cream, beef paste (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup(not high fructose), solids, beef extract, dextrose, beef fat*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), yellow onion, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), sherry, butter, flour, salt, pepper. **parsley pappardelle:** pappardelle (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), parsley, butter, salt, pepper. **green goddess salad:** romaine lettuce, spring mix, radish, cherry tomato, carrot. **dressing:** mayonnaise (*pasteurized egg yolks, whole eggs, Canola Oil, olive oil (refined olive pomace oil, extra virgin olive oil), white wine vinegar, Dijon Mustard (water, mustard seeds, vinegar, salt, sulfite), salt, white pepper*), sour cream, buttermilk, garlic, anchovies (*anchovy, olive oil, salt*), green onion, parsley, lemon juice, red vinegar, salt, pepper.

**Allergens: soy, dairy, onion, wheat, egg, alcohol**

**Chili-Lime Rubbed Salmon** – salmon, olive oil (*refined olive pomace oil, extra virgin olive oil*), chili powder, garlic powder, sugar, lime juice, lime zest, salt, pepper, smoked paprika. **poblano & cheddar gratin:** basmati rice, eggs, half & half, cheddar cheese, mozzarella, green chili (*green chili peppers, water, salt, citric acid, calcium chloride*), onion, garlic, fresh poblano chilis, butter, oregano, kosher salt, black pepper.

**Watermelon salad:** watermelon, green onion, olive oil (*refined olive pomace oil, extra virgin olive oil*), fresh mint, parsley, white wine vinegar, jalapeno, black pepper, kosher salt.

**Allergens: garlic/onion, eggs, dairy**

**BBQ Beef Brisket – brisket:** red wine, white wine, tomato, thyme, garlic, rosemary, carrot, celery, bay leaf, red pepper, salt, pepper. **sauce:** red wine vinegar, brown sugar, ketchup (*tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring*), garlic, Worcestershire sauce (*water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, rice flour, natural flavor, guar gum, benzoate of soda*), tabasco (*distilled vinegar, red pepper, salt*), butter.

**Macaroni & Cheese:** manufacturing cream, large elbow macaroni (*semolina (wheat), niacin, ferrous sulfate (iron), thiamin mononitrate, riboflavin, folic acid*), cheddar cheese (*cultured milk, salt, enzymes, annato (color)*), parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), asiago cheese (*pasteurized milk, cheese cultures, salt, enzymes*), butter, Worcestershire sauce (*water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, rice flour*)), dry mustard, salt, pepper. *Flour is added to the sauce in the Gayle's to Go case.* **Old Fashioned Coleslaw:** red cabbage, green cabbage, carrot, yellow onion, mayonnaise (*pasteurized egg yolks, whole eggs, Canola Oil, olive oil (refined olive pomace oil, extra virgin olive oil), white wine vinegar, Dijon Mustard (water, mustard seeds, vinegar, salt, sulfite), salt, white pepper*), sour cream, white wine vinegar, celery seed, salt, sugar, chili powder, pepper

**Allergens: garlic/onion, dairy, alcohol, soy, flour**

## SOUP

**Hearty Pepper Beef** - beef stock (*beef base (roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup, solids, beef extract, dextrose, beef fat), paprika, salt, pepper, oregano*), beef cubes, tomatoes, red potatoes, green bell pepper, butter, onion, olive oil (*refined olive pomace oil, extra virgin olive oil*), paprika, caraway seed, cayenne, salt, pepper.

**Allergens: soy, dairy, onion**