

## **COLD DINNERS May 1-31, 2026**

**Mediterranean Salmon** – salmon, salt, pepper, parsley.

**Mediterranean salsa:** cherry tomatoes, kalamata olives, capers (*capers, water, distilled vinegar, salt*), pepperoncini (*peppers, water, distilled vinegar, salt, citric acid, benzoate, sodium bisulfite*), extra virgin olive oil, balsamic vinegar, garlic, red onion, oregano, salt, pepper. **lemon roasted potatoes:** baby yukons, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, garlic, fresh thyme, lemon zest, parsley, salt, black pepper. **basil green beans:** green beans, butter, basil, salt, pepper.

**Allergens: garlic/onion, dairy**

**Teriyaki Flank Steak** – flank steak, wheat free tamari (*water, soybeans, salt, sugar*), canola oil, brown sugar, orange juice, sambal oelek chili sauce (*red chili peppers, salt, sugar, acetic acid, potassium sorbate (preservative), xanthan gum, ascorbic acid*), ginger. **Sticky rice:** white rice, shiitake mushrooms, edamame, wheat-free tamari (*water, soybeans, salt, sugar*), scallions, cilantro, salt, pepper, sesame oil, olive oil (*refined olive pomace oil, extra virgin olive oil*).

**Garlic sauteed spinach:** fresh spinach, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), white wine, salt, pepper.

**Allergens: soy, garlic/onion, sesame, alcohol**

**Chicken Piccata** – boneless chicken breast, flour, salt, pepper, canola oil (for frying).

**Sauce:** white wine, capers (*capers, water, distilled vinegar, salt*), lemon juice, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, butter, parsley, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), salt, pepper.

**Pasta formaggio:** gemelli pasta (*durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid*), peas, prosciutto, parmesan, fresh sage, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), **mornay sauce:** heavy cream, white wine, parmesan, chicken stock, roux (*butter, flour*), yellow onion, butter, sage, garlic, salt, black pepper. **fresh asparagus:** asparagus, butter, salt, pepper.

**Allergens: alcohol, wheat, onion/garlic, dairy**

## HOT & COLD DINNERS May 18-24, 2026

**Beef Bourguignon** – beef, onion, mushroom, garlic, bacon (*cured with salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrate*), red wine, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), beef base (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup, solids, beef extract, dextrose, beef fat*), tomato paste (*tomato pulp, citric acid*), bay leaf, rosemary, thyme, olive oil (*refined olive pomace oil, extra virgin olive oil*), flour, pearl onion, crushed red pepper, salt, pepper.

**crème fraiche mashed potatoes:** russet potatoes, heavy cream, creme fraiche (*buttermilk, sour cream*), butter, salt, pepper, onions, flour, canola oil.

**buttered broccolini:** broccolini, butter, salt, pepper.

**Allergens: garlic/onion, soy, dairy, wheat, alcohol**

**Chicken Marsala** – chicken breast, flour, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), marsala wine, cremini mushrooms, porcini mushrooms, butter, shallots, canola oil, white mushrooms, salt, pepper. **parmesan risotto:** arborio rice, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), garlic, shallots, parsley, parmesan cheese, white wine, salt, pepper, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon zest, butter. **fresh asparagus:** asparagus, butter, salt, pepper. **Allergens: wheat, alcohol, dairy, garlic/onion**

**Roast Turkey** – **turkey:** Diestel turkey, butter, salt, pepper, chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*). Brined in: brown sugar, rosemary, thyme, bay leaf, salt, and pepper. **Gravy:** chicken and/or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), butter, flour, yellow onion, carrot, celery, thyme, bay leaf, red pepper flakes, salt, pepper. **Sourdough stuffing:** chicken or turkey stock (*chicken/turkey bones, paprika, salt, pepper, oregano*), sourdough bread (*levain (organic unbleached wheat flour, water), water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), English toaster bread (*unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, malt extract*), butter, celery, onion, parsley, fresh thyme, bells seasoning (*rosemary, oregano, sage, ginger, marjoram, thyme, salt, pepper*), fresh sage, salt, pepper. **Mashed Potatoes:** russet potatoes, heavy cream, butter, salt, pepper. **Green Beans:** green beans, butter, thyme, salt, pepper. **cranberry sauce:** cranberry, sugar, water, orange juice.

**Allergens: dairy, wheat, onion**

**Chili-Lime Rubbed Salmon** – salmon, olive oil (*refined olive pomace oil, extra virgin olive oil*), chili powder, garlic powder, sugar, lime juice, lime zest, salt, pepper, smoked paprika. **fresh corn pudding:** fresh corn, eggs, heavy cream, flour, sugar, gluten free baking powder (*sodium acid pyrophosphate, potato starch, sodium bicarbonate*), butter, yellow onion, salt, fresh thyme. **Christie's Coleslaw** - cabbage, carrots, cilantro, scallions. Dressing: Mayo (*egg yolks, whole eggs, canola oil, olive oil* (refined olive pomace oil, extra virgin olive oil), *white wine vinegar, Dijon mustard* (water, mustard seeds, salt, sulfite), *kosher salt, white pepper*), fresh ginger, sugar, white wine vinegar, salt, pepper.

**Allergens: garlic/onion, eggs, dairy, wheat**

**Indian Butter Chicken** - boneless chicken thighs, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, onion, grated ginger, garlic, tomato paste (*tomato pulp, citric acid*), garam masala (*cumin, coriander, black pepper, cardamom, cinnamon, red pepper, nutmeg, allspice*), kashmiri chili powder, cumin, salt, pepper, heavy cream, chicken stock (*chicken bones, paprika, oregano, salt, pepper*), plain greek yogurt.

**Cilantro Rice:** white rice, cilantro, scallions, butter, salt, pepper.

**Peas & baby spinach:** peas, baby spinach, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, white wine, salt, pepper.

**Allergens: dairy, garlic/onion, alcohol**

**Shrimp Scampi** – shrimp, garlic, butter, scallions, fish sauce (*anchovy, sea salt, water, sugar*), lemon juice, parsley, white wine, crushed red pepper, whole black peppercorns, carrot, celery, bay leaves, onion, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper. **Linguine:** linguine, butter, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper. **Italian chopped salad:** romaine hearts, baby spinach, cherry tomato, red onion, garbanzo beans, black olives, mozzarella, salami, parsley, basil, capers. **Italian dressing:** red wine vinegar, olive oil (*refined olive pomace oil, extra virgin olive oil*), canola oil, garlic, parmesan, oregano, dijon mustard, salt, pepper.

**Rio Baguette:** wheat flour, levain (*organic unbleached wheat flour, organic whole wheat flour, water*), water, salt, yeast.

**Allergens: garlic/onion, dairy, alcohol, wheat**

**Bacon Cheeseburger** – ground beef, salt, pepper. Cheddar cheese, bacon, pickled onion (*red onion, white wine vinegar, salt, sugar, coriander seed, black pepper, bay leaf, garlic*), spicy mustard, whole grain mustard, mayo (*pasteurized egg yolks, whole eggs, canola oil, olive oil (refined olive pomace oil, extra virgin olive oil), white wine vinegar, dijon mustard, fresh thyme, salt, white pepper*). On Francese Bun (*enriched wheat flour, all-purpose wheat flour, water, salt, yeast, barley malt extract*). **Parmesan potato wedges:** russet potatoes, olive oil (*refined olive pomace oil, extra virgin olive oil*), parmesan cheese, paprika, garlic, salt.

**Allergens: dairy, garlic/onion, egg, wheat**

## SOUP

### Split Pea Dahl

veggie stock (*onion, celery, carrots, water, salt, pepper*), split peas, mushrooms, potatoes, broccoli, onion, carrots, celery, tomato, ginger, wheat free tamari (*water, soybeans, salt, sugar*), balsamic vinegar, bay leaf, turmeric, cumin, cayenne, cinnamon, cloves, cardamom, salt.

**Allergens: onion, soy**