

Deli Ingredients –Cold Case Grab & Go

COLD DINNERS May 1-31, 2026

Mediterranean Salmon – salmon, salt, pepper, parsley.

Mediterranean salsa: cherry tomatoes, kalamata olives, capers (*capers, water, distilled vinegar, salt*), pepperoncini (*peppers, water, distilled vinegar, salt, citric acid, benzoate, sodium bisulfite*), extra virgin olive oil, balsamic vinegar, garlic, red onion, oregano, salt, pepper. **lemon roasted potatoes:** baby yukons, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, garlic, fresh thyme, lemon zest, parsley, salt, black pepper. **basil green beans:** green beans, butter, basil, salt, pepper.

Allergens: garlic/onion, dairy

Teriyaki Flank Steak – flank steak, wheat free tamari (*water, soybeans, salt, sugar*), canola oil, brown sugar, orange juice, sambal oelek chili sauce (*red chili peppers, salt, sugar, acetic acid, potassium sorbate (preservative), xanthan gum, ascorbic acid*), ginger. **Sticky rice:** white rice, shiitake mushrooms, edamame, wheat-free tamari (*water, soybeans, salt, sugar*), scallions, cilantro, salt, pepper, sesame oil, olive oil (*refined olive pomace oil, extra virgin olive oil*).

Garlic sauteed spinach: fresh spinach, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), white wine, salt, pepper.

Allergens: soy, garlic/onion, sesame, alcohol

Chicken Piccata – boneless chicken breast, flour, salt, pepper, canola oil (for frying). **Sauce:** white wine, capers (*capers, water, distilled vinegar, salt*), lemon juice, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, butter, parsley, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), salt, pepper.

Pasta formaggio: gemelli pasta (*durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid*), peas, prosciutto, parmesan, fresh sage, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), mornay sauce: heavy cream, white wine, parmesan, chicken stock, roux (*butter, flour*), yellow onion, butter, sage, garlic, salt, black pepper. **fresh asparagus:** asparagus, butter, salt, pepper.

Allergens: alcohol, wheat, onion/garlic, dairy

COLD GRAB & GO

Pastas

Spaghetti & Meatballs – *meatballs*: ground beef, english toaster bread crumbs (*unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract*), onion, parmesan (*pasteurized milk, cheese culture, salt, enzymes*), parsley, eggs, fresh basil, garlic, dried oregano, salt, pepper. Spaghetti Noodles (*durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid*). *Sauce*: tomato, garlic, onion, white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), crushed red pepper, oregano, salt, pepper, bay leaf, basil.
Allergens: dairy, onion/garlic, egg, alcohol, wheat

Spring Pappardelle with snap peas and asparagus– pappardelle pasta (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), asparagus, snap peas, butter, chives, parmesan (*pasteurized milk, cheese culture, salt, enzymes*), lemon zest, shallots, olive oil, kosher salt, pepper.
Allergens: dairy, onion, egg, wheat

Spinach Gorgonzola Pasta – pasta shells (*durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid*), gorgonzola sauce (*bechamel sauce (milk, butter, flour, nutmeg, salt, pepper), gorgonzola cheese*), ricotta, frozen spinach, gorgonzola cheese, garlic, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), salt, pepper.
Allergens: dairy, garlic, wheat

Penne d’Alba – penne pasta (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid), iron (ferrous lactate)*), red sauce (*canned pear tomatoes, olive oil (refined olive pomace oil, extra virgin olive oil), garlic, salt, pepper*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), garlic, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.
Allergens: dairy, garlic, wheat

Lasagne Bolognese – lasagna noodles (*durum wheat semolina, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid), iron (ferrous lactate)*), Bolognese sauce (*ground beef, carrots, celery, onion, garlic, pear tomato, red pepper flakes, tomato paste (tomato pulp, citric acid), white wine, red wine, sherry, bay leaves, basil, chicken stock (chicken bones, paprika, salt, pepper, oregano), salt, pepper, fresh oregano*), fresh spinach, ricotta, fresh basil, fresh oregano, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), garlic, salt.

Allergens: dairy, onion/garlic, alcohol, wheat

Entrees-

Indian Butter Chicken Dinner – Chicken: boneless chicken thighs, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, onion, grated ginger, garlic, tomato paste (*tomato pulp, citric acid*), garam masala (*cumin, coriander, black pepper, cardamom, cinnamon, red pepper, nutmeg, allspice*), kashmiri chili powder, cumin, salt, pepper, heavy cream, chicken stock (*chicken bones, paprika, oregano, salt, pepper*), plain greek yogurt. **Cilantro Rice:** basmati rice, cilantro, scallions, butter, salt, pepper

Peas & baby spinach: peas, baby spinach, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, white wine, salt, pepper.

Allergens: dairy, garlic/onion, alcohol

Mushroom Bourguignon: cremini mushrooms, veggie stock (*onion, celery, carrots, water, salt, pepper*), red wine, pearl onions, carrot, yellow onion, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, tomato paste (*tomato pulp, citric acid*), flour, thyme, kosher salt, black pepper.

with pappardelle: pappardelle pasta (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), parsley, butter, salt, pepper.

Allergens: garlic/onion, alcohol, dairy, wheat, egg

Chicken Parmesan – chicken breast, panko breadcrumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), garlic, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*), thyme, egg, flour, parsley, canola oil (for frying). **Sauce:** tomato, tomato paste (*tomato pulp, citric acid*), white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), basil, garlic, oregano, red pepper flakes, salt, pepper.

Allergens: dairy, garlic, egg, alcohol, wheat

Meatloaf & Mashed Potatoes *meatloaf*: ground beef, celery, carrots, yellow onion, capicola sourdough breadcrumbs (*organic white flour, water, levain (organic unbleached wheat flour, organic whole wheat flour, water), Organic Rye Flour, organic wheat flour, sea salt*), eggs, salt, pepper, red pepper flakes, dried oregano, ketchup (*tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring*). *Mashed potatoes*: russet potatoes, heavy cream, butter, salt, pepper. **Allergens: onion, wheat, egg, dairy**

Chicken Pot Pie – chicken meat (*roasted with salt, paprika, oregano, garlic*), Italian chicken sausage (*chicken, mozzarella cheese (pasteurized milk, cultures, salt, enzymes, cellulose added to prevent caking), contains 2% or less of the following: parsley, roasted garlic (with olive oil), salt, spices, vinegar, paprika, sugar, basil, celery powder, sea salt. Stuffed in a natural pork casing*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), onion, red potato, carrot, mushroom, celery, butter, flour, green olives (*olives, water, sea salt, lactic acid, spices*), sage, rosemary, oregano, bay leaf, peppercorn, clove. **Crust**: pastry flour, cake flour, unsalted butter, water, salt, egg wash on top (*eggs, milk*)

Allergens: dairy, onion/garlic, egg, wheat

Polenta Casserole - polenta (*polenta (corn), garlic, parmesan (pasteurized milk, cheese culture, salt, enzymes), white wine, mascarpone (pasteurized cream & milk, citric acid), oregano, salt, pepper*), zesty red sauce (*tomatoes, garlic, olive oil (refined olive pomace oil, extra virgin olive oil), crushed red pepper, basil, oregano, salt, pepper*), cremini mushrooms, white mushrooms, sauteed spinach, yellow onion, white wine, chive, olive oil (*refined olive pomace oil, extra virgin olive oil*), fresh oregano, butter, garlic, salt, pepper, asiago cheese (*pasteurized milk, cheese cultures, salt, enzymes*), mozzarella cheese (*pasteurized milk, skim milk, cheese cultures, salt, and enzymes*).

Allergens: dairy, onion/garlic, alcohol

Chicken Enchiladas – corn tortillas (*Ground corn treated with lime, propionic acid (to preserve freshness), guar gum, cellulose gum, benzoic acid (preservative), phosphoric acid (acidulant), and enzymes (to preserve freshness)*), chicken (*roasted with salt, paprika, oregano, garlic*), jack cheese (*pasteurized milk, cheese cultures, salt, enzymes*), yellow onion, enchilada sauce (*chicken stock (chicken bones, paprika, oregano, salt, pepper), water, sour cream, mild green chilis, gluten free flour (garbanzo bean flour, potato starch, tapioca flour, white sorghum flour, fava bean flour), salt, pepper*), cumin, chili powder, cilantro, salt, pepper.

Allergens: dairy, onion/garlic

BBQ Pork Ribs - St. Louis pork ribs, BBQ sauce (*red wine vinegar, brown sugar, ketchup* (tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring), *worcestershire sauce* (water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, rice flour, natural flavor, guar gum, benzoate of soda), *garlic, salted butter, Tabasco* (distilled vinegar, red pepper, salt)).

Allergens: *dairy, onion/garlic, soy, wheat*

Twice Baked Potato – russet potatoes, sour cream, cheddar cheese (*cultured milk, salt, enzymes, annato (color)*), white cheddar cheese, manufacturing cream, green chili, black olives (*ripe olives, water, sea salt*), salt, pepper.

Allergens: *dairy*

Mashed potatoes: russet potatoes, heavy cream, butter, salt, pepper **Allergens:** *dairy*

Gayle's Own Sides

Deviled Eggs – hard boiled eggs, mayo (*canola oil, olive oil* (refined olive pomace oil, extra virgin olive oil), *egg, white wine vinegar, Dijon mustard* (distilled vinegar, water, #1 grade mustard seeds, salt, chardonnay wine, spices, turmeric), *salt, white pepper*), chives, dried mustard, white wine vinegar, black pepper, kosher salt, paprika, cayenne.

Allergens: *onion, egg, alcohol*

Dill Pickles – cucumber, water, salt, vinegar, calcium chloride, sodium benzoate, natural flavoring & spices

Allergens: *(no common allergens)*

Housemade Pickles – hot house cucumbers, brown sugar, apple cider vinegar, kosher salt, mustard seed, turmeric, whole cloves, allspice berries, crushed red pepper, yellow onion.

Allergens: *onion*

Garlic Bread – *Francese Baguette*: unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract. *Garlic butter:* salted butter, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), garlic, parsley.
Allergens: dairy, garlic, wheat

Garlic butter: salted butter, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), garlic, parsley
Allergens: dairy, garlic

Garlic & Artichoke Dip – artichoke hearts (*artichoke quarters, water, sunflower oil, distilled cane vinegar, salt, olive oil, garlic, spices, ascorbic acid*), cream cheese (*pasteurized milk & cream, salt, carob bean gum, cheese culture*), sour cream, garlic, scallions, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.
Allergens: dairy, onion/garlic

Hummus – garbanzo beans, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, tahini (*ground sesame seeds*), parsley, scallions, garlic, cumin, salt, black pepper.
Allergens: sesame, onion/garlic

Roasted Red Pepper Cashew Spread: cashews, roasted red bell pepper (*fire roasted peppers, water, salt, citric acid, calcium chloride*), olive oil (*refined olive pomace oil, extra virgin olive oil*), gluten free tamari (*water, soybeans, salt, sugar*), cayenne.
Allergens: nuts, soy

Savory Cheese Spread - cream cheese (*pasteurized milk & cream, salt, carob bean gum, cheese culture*), Spanish olives (*queen olives, water, minced pimiento, salt, lactic acid, sodium alginate, guar gum, calcium chloride, potassium sorbate*), pepperoncini (*peppers, water, distilled vinegar, salt, citric acid, benzoate, sodium bisulfite, yellow 5*), garlic, pimento
Allergens: dairy, garlic

Orange Balsamic Vinaigrette - olive oil (*refined olive pomace oil, extra virgin olive oil*), orange juice, red wine vinegar, balsamic vinegar, sugar, garlic, red onion, red bell pepper, cayenne, parsley, salt, pepper.
Allergens: onion/garlic

Poppyseed Dressing – canola oil, apple cider vinegar, sugar, yellow onion, poppyseeds, salt, black pepper, dry mustard

Allergens: onion

Red Wine Vinaigrette - olive oil (*refined olive pomace oil, extra virgin olive oil*), canola oil, red wine vinegar, salt

Allergens: (no common allergens)

Sesame Lemon Dressing - canola oil, sesame oil, lemon juice, wheat free tamari sauce (*water, soybeans, salt, sugar*), garlic, dry mustard, sugar. **Allergens:**

sesame, soy, garlic

Truffle Mousse Pate - pork, chicken liver, egg, pork fat, milk, pork stock, skim milk powder, onions, salt, sherry wine, mushrooms, truffles, concentrated mushroom juice, hydrolyzed plant protein (*corn gluten, soy protein and wheat gluten*), pineau (*cognac, grape juice*), spices, garlic.

Allergens: dairy, onion/garlic, egg, alcohol, wheat

Marinated Anchovies – anchovies, sunflower oil, alcohol vinegar (contains traces of sulphites), salt, parsley, acidity regulator: citric acid, preservative: potassium sorbate.

Allergens: (no common allergens)