

GAYLE'S Sandwiches

Italiano Ficelle

Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 12.75

Albacore Tuna Ficelle

With cheddar cheese, housemade pickles & lettuce. 12.75

Roasted Tomato Ficelle

Green olives, whipped lemon feta spread & arugula. Vegetarian 11.95

Tri Tip with Horseradish Sauce

Grilled tri tip, horseradish-poppy seed dressing, lettuce & tomato on a poppy seed challah bun. 13.25

Turkey Club on Croissant

With bacon, lettuce tomato & mayo. 13.25

Texas BBQ Chicken

Grilled chicken breast tossed with tangy mayo & bbq sauce, with shredded cabbage on a sesame seed challah roll. 7.95

Mushroom & Jarlsberg

Sautéed mushrooms, Jarlsberg cheese, dijonnaise & spring mix on Capitola sourdough. Vegetarian 11.50

Milano Sandwich

Hard-boiled egg, mozzarella, spinach, tomato & mayo on a francese bun. Vegetarian 11.75

Southwest Vegan Wrap

Chipotle hummus, grilled corn, avocado, housemade "Bitchin" sauce, cabbage, cilantro & romaine in a whole wheat tortilla. Contains almonds. Vegan 11.75

Ham & Pimento Cheese

With butter lettuce & tomato on a Dutch crunch roll. 11.75

Turkey & Dill Havarti

With spring mix, dill pickle and thousand island dressing on Jewish rye. 12.50

Masala Chicken Salad

Masala roasted chicken with slivered almonds, mayo, currants, celery & scallions and lettuce on muesli bread. 13.25

GAYLE'S *Salads*

Street Corn Pasta Salad

Shell pasta, grilled corn, queso fresco, jalapeño & cilantro. Vegetarian

5.95 / 11.95 / 23.50

Insalata Milanese

Shredded chicken, carrot, arugula, celery, green olives, pepperoncini, jack cheese, cornichon & an herb vinaigrette.

6.95 / 13.95 / 27.90

Broccoli & Kale Salad

With spiced chickpea crunch, parmesan cheese, cashews & a citrus dressing.

Vegetarian 5.95 / 11.95 / 23.50

Ligurian Pasta Salad

Gemelli pasta, haricots verts, russet potatoes, & shaved parmesan, tossed with a basil pesto dressing. Vegetarian

5.95 / 11.95 / 23.50

Fresh Fruit Salad

Seasonal, ripe fruit. Vegan

5.95 / 11.95 / 23.50

ENTRÉE SALADS

Gayle's Favorite Salad, Vegetarian

Romaine & spring mix, black olives, carrots, green onion, pickled beets, garbanzos, cucumbers & toasted sunflower seeds and a bright mustard vinaigrette (contains egg) 15.25

Bistro Salad, Vegetarian

With goat cheese, dried cranberries & spiced nuts. 15.25

Caesar Salad 12.75

Housemade croutons & parmesan.

with Chicken Breast 16.75

Cucumber Tomato Salad

With feta cheese, kalamata olives, scallions & red wine vinaigrette. Vegetarian

5.95 / 11.95 / 23.50

Roasted Beet & Carrot Salad

Roasted beets, carrots, toasted pistachios & a light balsamic dressing. Vegan

5.95 / 11.95 / 23.50

Miss Spoon's Quinoa Salad

With tangy feta cheese, celery, dried cranberries & scallions, dressed with olive oil & rice wine vinegar. Vegetarian

5.95 / 11.95 / 23.50

Old Fashioned Potato Salad

Red potatoes, dill pickle, black olives, celery, onion, hard-boiled eggs, mayo, sour cream, parsley & mustard. Vegetarian

5.95 / 11.95 / 23.50

Masala Chicken or Albacore Tuna Salads

9.00 / 18.00 / 32.00

Salmon Niçoise Salad

With lettuce, green beans, cherry tomatoes, hard-boiled egg, red potatoes & Niçoise olives with a Dijon red wine vinaigrette. 18.95

Quinoa & Hummus Salad, Vegetarian

Gayle's hummus, Miss Spoon's quinoa salad, carrot matchsticks and Kalamata olives, on a bed of greens with a red wine vinaigrette. 15.25