

## **COLD DINNERS April 1-30, 2026**

**Shiitake Beef Stroganoff – *stroganoff*:** beef tenderloin, shiitake mushrooms, sour cream, beef paste (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup, solids, beef extract, dextrose, beef fat*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), yellow onion, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), sherry, butter, flour, salt, pepper. ***parsley pappardelle*:** pappardelle (*durum wheat semolina, eggs, vitamins (niacin, thiamine mononitrate, riboflavin, folic acid, iron (ferrous lactate))*), parsley, butter, salt, pepper. ***green goddess salad*:** romaine lettuce, spring mix, radish, cherry tomato, carrot. ***dressing*:** mayonnaise (*pasteurized egg yolks, whole eggs, Canola Oil, olive oil (refined olive pomace oil, extra virgin olive oil), white wine vinegar, Dijon Mustard (water, mustard seeds, vinegar, salt, sulfite), salt, white pepper*), sour cream, buttermilk, garlic, anchovies (*anchovy, olive oil, salt*), green onion, parsley, lemon juice, red vinegar, salt, pepper.

***Allergens: soy, dairy, onion, wheat, egg, alcohol***

**Pistachio Crusted Salmon –** salmon, pistachios, lemon zest, garlic, salt, pepper. ***glazed in:*** honey, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, cayenne, lemon juice. ***Herb roasted baby Yukon potatoes:*** Yukon gold potatoes, olive oil (*refined olive pomace oil, extra virgin olive oil*), parsley, thyme, oregano, garlic, salt, pepper. ***basil green beans:*** green beans, butter, basil, salt, pepper

***Allergens: dairy, nuts, garlic***

**Crispy Mustard Crusted Chicken –** chicken breast, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), buttermilk, garlic, lemon zest, panko breadcrumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), thyme, parsley, salt, pepper, flour, canola oil. ***risotto with greens & peas:*** arborio rice, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), lacinato kale, spinach, peas, yellow onion, parmesan cheese (*pasteurized milk, cheese culture, salt, enzymes*), olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, butter, lemon juice, salt, pepper.

***lemon asparagus:*** asparagus, lemon zest, butter, salt, pepper.

***Allergens: dairy, garlic/onion, wheat***

## COLD DINNERS May 1-31, 2026

**Mediterranean Salmon** – salmon, salt, pepper, parsley.

**Mediterranean salsa:** cherry tomatoes, kalamata olives, capers (*capers, water, distilled vinegar, salt*), pepperoncini (*peppers, water, distilled vinegar, salt, citric acid, benzoate, sodium bisulfite*), extra virgin olive oil, balsamic vinegar, garlic, red onion, oregano, salt, pepper. **lemon roasted potatoes:** baby yukons, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, garlic, fresh thyme, lemon zest, parsley, salt, black pepper. **basil green beans:** green beans, butter, basil, salt, pepper.

**Allergens:** *garlic/onion, dairy*

**Teriyaki Flank Steak** – flank steak, wheat free tamari (*water, soybeans, salt, sugar*), canola oil, brown sugar, orange juice, sambal oelek chili sauce (*red chili peppers, salt, sugar, acetic acid, potassium sorbate (preservative), xanthan gum, ascorbic acid*), ginger. **Sticky rice:** white rice, shiitake mushrooms, edamame, wheat-free tamari (*water, soybeans, salt, sugar*), scallions, cilantro, salt, pepper, sesame oil, olive oil (*refined olive pomace oil, extra virgin olive oil*).

**Garlic sauteed spinach:** fresh spinach, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), white wine, salt, pepper.

**Allergens:** *soy, garlic/onion, sesame, alcohol*

**Chicken Piccata** – boneless chicken breast, flour, salt, pepper, canola oil (for frying). **Sauce:** white wine, capers (*capers, water, distilled vinegar, salt*), lemon juice, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, butter, parsley, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), salt, pepper.

**Pasta formaggio:** gemelli pasta (*durum wheat semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid*), peas, prosciutto, parmesan, fresh sage, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), mornay sauce: heavy cream, white wine, parmesan, chicken stock, roux (*butter, flour*), yellow onion, butter, sage, garlic, salt, black pepper. **fresh asparagus:** asparagus, butter, salt, pepper.

**Allergens:** *alcohol, wheat, onion/garlic, dairy*

## HOT & COLD DINNERS April 27-May 3, 2026

**Chicken Cacciatore** – dark meat chicken quarter, sherry, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), tomatoes, onions, bay leaf, garlic, thyme, bell peppers, kalamata olives, capers (*capers, water, distilled vinegar, salt*), oregano, tomato paste (*tomato pulp, citric acid*), green olives, fresh rosemary, basil, salt, pepper. **cheesy baked polenta:** polenta, semolina flour, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), half and half, jack cheese, parmesan cheese, salt, pepper. **crisp green salad:** romaine lettuce, spring mix, cherry tomato, carrot, radish. **Dressing:** red wine vinegar, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, parmesan cheese, dried oregano, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), salt, pepper, dried basil, shallot, sugar

**Allergens: alcohol, garlic/onion, wheat, dairy, egg**

**Prime Rib au Jus** – rib-eye roast, chicken stock (*chicken bones, paprika, salt, pepper, oregano*), beef base (*roast beef and beef stock, salt, hydrolyzed protein (soy, corn), sugar, corn oil, autolyzed yeast extract, corn starch, caramel color, natural flavors, maltodextrin, disodium guanylate, disodium inosinate, corn syrup, solids, beef extract, dextrose, beef fat*), olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, salt, pepper. **Horseradish cream:** horseradish (*grated horseradish root, water, white distilled vinegar, soybean oil, salt, artificial flavors, eggs, sugar, sodium metabisulfite, cellulose gum, xanthan gum, citric acid, sodium benzoate, spices, high fructose corn syrup, lemon juice, calcium disodium edta*), sour cream (*grade A cultured pasteurized cream, gelatin*), salt, white pepper. **crème fraiche mashed potatoes:** russet potatoes, creme fraiche (*buttermilk, sour cream*), butter, salt, pepper, shallots, flour, canola oil, salt, pepper. **caesar salad:** romaine lettuce, parmesan cheese, croutons (*english toaster bread (unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract), butter, olive oil, garlic, salt*), paprika. **Dressing:** olive oil (*refined olive pomace oil, extra virgin olive oil*), anchovies (*anchovy, olive oil, salt*), garlic, dry mustard, egg, lemon juice, salt, pepper.

**Allergens: soy, egg, wheat, dairy, garlic/onion, soy**

**Oven Poached Salmon with lemon dill sauce** – salmon, white wine, butter, lemon juice, salt, pepper, dill. **lemon dill sauce:** sour cream, mayonnaise (*pasteurized Egg Yolks, Whole Eggs, Canola Oil, olive oil (refined olive pomace oil, extra virgin olive oil), White Wine Vinegar, Dijon Mustard (water, mustard seeds, vinegar, salt, sulfite), salt, white pepper*), meyer lemon zest, fish sauce (*anchovy, sea salt, water, sugar*), dill, salt, black pepper, chili paste, preserved lemon.

**roasted baby yukons:** yukon gold potatoes, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, thyme, oregano, parsley, salt, pepper.

**fresh asparagus:** asparagus, butter, salt, pepper.

**Allergens: alcohol, dairy, egg, garlic/onion**

**Indian Butter Chicken** - boneless chicken thighs, olive oil (*refined olive pomace oil, extra virgin olive oil*), butter, onion, grated ginger, garlic, tomato paste (*tomato pulp, citric acid*), garam masala (*cumin, coriander, black pepper, cardamom, cinnamon, red pepper, nutmeg, allspice*), kashmiri chili powder, cumin, salt, pepper, heavy cream, chicken stock (*chicken bones, paprika, oregano, salt, pepper*), plain greek yogurt. **Cilantro Rice:** white rice, cilantro, scallions, butter, salt, pepper.

**Peas & baby spinach:** peas, baby spinach, olive oil (*refined olive pomace oil, extra virgin olive oil*), garlic, white wine, salt, pepper.

**Allergens: dairy, garlic/onion, alcohol**

**Steak Diane – steak:** teres major, dried mustard, dijon mustard (*water, mustard seeds, vinegar, salt, sulfite*), lemon juice, shallot, butter, heavy cream, olive oil (*refined olive pomace oil, extra virgin olive oil*), Worcestershire sauce (*water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, wheat flour* (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), *natural flavor, guar gum, benzoate of soda*), chives, salt, pepper.

**parmesan potato wedges:** russet potatoes, olive oil (*refined olive pomace oil, extra virgin olive oil*), parmesan, garlic, paprika, salt, pepper.

**hearts of romaine salad:** romaine, radicchio, radish, carrots, cherry tomato.

**gorgonzola vinaigrette:** gorgonzola, red wine vinegar, olive oil (*refined olive pomace oil, extra virgin olive oil*), sugar, grain mustard, garlic, salt.

**Allergens: garlic/onion, soy, wheat, dairy**

**Grilled Teriyaki Salmon** – wheat free tamari (*water, soybeans, salt, sugar*), canola oil, brown sugar, orange juice, chili paste, fresh ginger. **Sticky rice with edamame & shiitake** – white rice, shiitake mushrooms, edamame, scallions, cilantro, salt, pepper, sesame oil, wheat free tamari (*water, soybeans, salt, sugar*), olive oil (*refined olive pomace oil, extra virgin olive oil*). **Garlic sauteed spinach:** fresh spinach, garlic, olive oil (*refined olive pomace oil, extra virgin olive oil*), white wine, salt, pepper.

**Allergens: soy, sesame, garlic/onion, alcohol**

**Swedish Meatballs** – ground pork, ground beef, heavy cream, eggs, CSD bread crumbs (*levain* (organic unbleached wheat flour, water), *water, organic unbleached wheat flour, organic whole wheat flour, organic rye flour, sea salt*), onion, salt, gluten free baking powder (*sodium acid pyrophosphate, potato starch, sodium bicarbonate*), brown sugar, nutmeg, allspice, black pepper. **Sauce:** chicken stock (*chicken bones, garlic, paprika, salt, pepper, oregano*), heavy cream, butter, brown sugar, flour, lemon juice, salt, pepper, lemon zest. **creamy mashed potatoes:** russet potatoes, heavy cream, butter, salt, pepper. **baby spinach salad:** spinach, hard boiled eggs, bacon, bell pepper, mushroom. **poppy seed dressing:** canola oil, apple cider vinegar, sugar, yellow onion, poppy seeds, salt, dry mustard

**Allergens: dairy, egg, wheat, garlic/onion**

## SOUP

### **Tuscan White Bean with pork**

chicken stock (*chicken bones, garlic, paprika, salt, pepper, oregano*), merlot, apple cider vinegar, olive oil (*refined olive pomace oil, extra virgin olive oil*), white bean, pork loin, fennel seed, garlic, carrot, celery, onion, sage, rosemary, oregano, diced tomato, salt, pepper.

***Allergens: alcohol, garlic/onion***