

GAYLE'S Sandwiches

Italiano Ficelle

Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 12.75

Turkey Cubano Ficelle

With Jarlsberg cheese, dill pickle & chipotle mayo. 12.50

Green Goddess Veggie Ficelle

Dill havarti, cheddar, lettuce, tomato & green goddess mayo. Vegetarian 11.75

Steakhouse Sandwich

Grilled tri tip, blue cheese dressing, lettuce tomato & pickled red onion on a Dutch crunch bun. 12.95

Almond Tarragon

Chicken Salad

Croissant

Roasted chicken, fresh tarragon, celery, chopped almonds, scallions, mayo & lettuce. 12.95

Egg Salad Sandwich

With mayo & butter lettuce on our Challah bread. 9.95

Ham & Muffaletta

Italian muffaletta spread of olives, carrots, cauliflower, piquillo peppers & garlic with whole milk mozzarella, arugula, tomato & red wine vinaigrette on a francese bun. 11.50

Turkey Club

With bacon, & cheddar, lettuce, tomato & mayo on grilled sourdough. 12.95

Lemon Tuna on Everything Croissant

Albacore tuna with celery, red onion, cornichons & mayo with butter lettuce and paper thin slices of lemon. 12.50

Marinated Chicken Sandwich

With housemade mayo and a splash of lemon juice on thick sliced Capitola sourdough. 11.95

Vegan Power Wrap

Quinoa power salad, red pepper cashew spread, tamari almonds, cabbage, kale, avocado, cilantro, lime & a dash of housemade bitchin' sauce, in a whole wheat tortilla. Vegan 11.50

GAYLE'S Salads

Abby's Pasta Salad

Farfalle pasta, gorgonzola cheese, arugula & toasted walnuts, with a lemon-thyme dressing. Vegetarian 5.95 / 11.95 / 23.50

Creamy Kale Salad

Kale salad with a creamy lemon dressing, with shaved parmesan & parmesan crisps. Vegetarian 5.75 / 11.50 / 23.00

Crunchy Broccoli & Pecan Salad

With apples & Gruyère cheese. Vegetarian 5.95 / 11.95 / 23.50

Old Fashioned Potato Salad

Red potatoes, dill pickle, black olives, celery, onion, hard-boiled eggs, mayo, sour cream, parsley & mustard. Vegetarian 5.95 / 11.95 / 23.50

Fresh Fruit Salad

Seasonal, ripe fruit. Vegan 5.95 / 11.95 / 23.50

Tuscan White Bean

With fresh mozzarella, kalamata olives, baby spinach, tomatoes & basil, tossed with a red wine vinaigrette. Vegetarian 5.95 / 11.95 / 23.50

Shrimp & Artichoke

Shrimp, cherry tomatoes, artichoke hearts, celery and a light dressing. 7.25 / 14.50 / 28.95

Beets & Orange Salad

Roasted beets, orange segments, red onion, baby spinach and vinaigrette. Vegan 5.95 / 11.95 / 23.50

Power Quinoa Salad

Tumeric quinoa with spiced chickpeas, kale, broccoli, carrots, almonds & pickled onion & a lemon vinaigrette. Vegan 5.95 / 11.95 / 23.50

Almond Tarragon Chicken or Albacore Tuna

8.00 / 16.00 / 32.00

ENTRÉE SALADS

Gayle's Favorite Salad, Vegetarian

Romaine & spring mix, black olives, carrots, green onion, pickled beets, garbanzos, cucumbers & toasted sunflower seeds and a bright mustard vinaigrette (contains egg) 15.25

Sesame Chicken Salad

Romaine, oranges, almonds, cucumber, cilantro, scallions, marinated chicken breast & poppy seed dressing. 18.25

Chicken Capellini Salad

Grilled chicken breast, capellini pasta, cherry tomatoes, mozzarella cheese, garlic & fresh basil in a tomato vinaigrette. 17.75

Bistro Salad, Vegetarian

With goat cheese, dried cranberries & spiced nuts. 15.25

Caesar Salad 12.75

Housemade croutons & parmesan. with Chicken Breast 16.75