

## **DINNERS January 31st- 6th, 2022**

**Italian Pot Roast** - beef (cross rib), red wine, white wine, garlic, yellow onion, tomato, carrots, celery, bay leaf, basil, salt, pepper, crushed red pepper. *Gravy*: beef stock, tomatoes, tomato paste, butter, flour, salt, pepper. *Parmesan smashed potatoes*: red potatoes, half & half, sour cream, butter, parmesan cheese, salt pepper. *Peas & Pancetta*: peas, spinach, pancetta, white wine, garlic, parsley, olive oil, onions, canola oil, flour, salt, pepper.

**Harissa Chicken Kabobs** - chicken breast, piquillo peppers, shishito, fennel seed, olive oil, sugar, tarragon, garlic, cayenne, salt, pepper. *buttered basmati rice*: rice, butter, salt, parsley. *tahini slaw*: cabbage, scallion, dill, currents, pistachios, dressing (Greek yogurt, lemon juice, tahini, honey, salt, pepper).

**Pork Tenderloin with cherry balsamic reduction** - pork tenderloin, balsamic vinegar, dried bing cherries, butter, salt, pepper, garlic, chicken stock, mustard, olive oil. *Creamy Polenta with mascarpone*: polenta, garlic, olive oil, white wine, mascarpone, salt, fresh oregano, fresh rosemary. *Roasted Brussels Sprouts with pancetta*: brussels sprouts, pancetta, garlic, yellow onion, white wine, olive oil, salt, pepper, parsley.

**Mustard Crusted Chicken Breast** - chicken breast, dijon mustard, buttermilk, salt, pepper, flour for dredging (panko bread crumbs, lemon zest, thyme, garlic, salt, pepper), canola oil, butter. *risotto with greens & peas*: chicken stock, dino kale, spinach, arborio rice, peas, parmesan cheese, yellow onion, butter, olive oil, lemon juice, garlic, salt, pepper,. *Lemon asparagus*: asparagus, butter, lemon zest, salt, pepper.

**Mediterranean Salmon** - salmon, salt, pepper. *Salsa*: cherry tomatoes, kalamata olives, capers, pepperoncini, extra virgin olive oil, balsamic vinegar, garlic, red onion, oregano, salt, pepper. *saffron mashed potatoes*: russet potatoes, cream, butter, saffron, salt, pepper. *garlic sauteed spinach*: fresh spinach, garlic, olive oil, white wine, salt, pepper.

## **SOUP**

**Golden Mushroom** - chicken stock, mushrooms, yellow onion, milk, red wine, butter, soy sauce, paprika, dill, whole wheat flour.