

Valentine's Day

ROMANTIC DINNERS

Available Cold To Go February 13th & 14th

Prime Rib au jus
with horseradish cream

Mashed Potatoes
with crème fraîche & crispy shallots

Fresh Asparagus
26.95

Oven Poached Salmon
with lemon dill sauce

Roasted Baby Yukon Potatoes

Fresh Asparagus
24.95

Layered Polenta Hearts
*with sauteed spinach, mushrooms,
gorgonzola cheese & a light red sauce*

Cupid's Salad
with artichoke vinaigrette

Francese Garlic Bread
17.95

CAKES & PIES

Valentine's Candy Cake

Chocolate cake, ganache & raspberry buttercream with a festive arrangement of candy.

Chocolate Truffle Cake

Fudgy & flourless with pale pink whipped cream & chocolate hearts. One size only. 19.95

Salted Caramel Cake

Devil's food cake with a housemade salted caramel filling & a dark chocolate icing, and flaked sea salt.

Chocolate Mousse Cake

Chocolate cake, chocolate mousse & chocolate whipped cream with a chocolate glaze & ground hazelnuts on the side.

Tiramisu

Vanilla sponge soaked with rum & espresso, filled & iced with mascarpone, and dusted with cocoa. Topped with a dark chocolate rose. 30.00

Raspberry Bramble Cake

Vanilla sponge with raspberry jam and raspberry buttercream iced in a marbled design.

Carrot Cake

With cream cheese icing inside and outside and hand-painted hearts.

Valentine's Princess Cake

With a pink marzipan shell, red rose and ribbon.

Luscious Cherry Pie 14.95/ 29.95

CAKE PRICES & SIZES

5" ~ 30.00 • 7" ~ 50.00 • 9" ~ 70.00

INDIVIDUAL PASTRIES

Salted Caramel Chocolate Brownie Heart

With a caramel drizzle & chocolate sprinkles. 6.50

Chocolate Raspberry Mousse Cup

Topped with fresh raspberry whipped cream & a pink heart. 5.25

Crème Brûlée 6.95

Sweetheart Eclair 5.95

Lovers New York Cheesecake

Topped with sour cream & cherries. 6.95

Red Velvet Cupcakes

With cream cheese icing. 4.50



HEART SHAPED BAGUETTE

Cheese & Herb Francese.

Bagged & tied with a red ribbon. 7.95

COOKIES

Iced Valentine Heart Cookie

Vanilla shortbread iced in red with holiday sprinkles. 2.50

Peek-a-Boo Hearts

Filled with raspberry jam. 2.50

Chocolate Almond Shortbread Heart 1.75

Valentine Butterstars 2.25

Strawberry Shortcake Cookie 2.95

Toll House Cookie 1.95

Wheat Free Chocolate Coma Cookie 2.25

Please Order Early, Availability is Limited.

BREAKFAST

- Frittata Verde, *vegetarian* 6.95
Breakfast Burrito with Potato & Bacon 9.95/*vegetarian* 8.95
Ham or Bacon Scrambled Egg Croissant 9.50/*vegetarian* 8.25
Fried Egg Sandwich
with Bacon or Spinach 8.50/*vegetarian* 7.95
Individual Quiche: Bacon, or
Tomato & Spinach, *vegetarian* 5.95
Chicken Apple Sausage 5.50
Crisp Bacon Slices (3) 4.95
Rosemary Roasted Potatoes 3.95 / 7.95

DANISH, CROISSANT & MORE

- Pecan Schnecken 5.25
Strawberry & Cream Danish 4.25
Lemon Poppy Seed Muffin 3.95
Maple Pecan Crocodiles 5.25
Kouign Amann 5.50
Cherry Filled Kouign Amann 5.95
Croissant 3.50
Pain d' Amande 4.95
Chocolatine 4.50
Bear Claw 4.95
Blackberry Turnovers 4.95
Downtowner with Sugar 4.25
Bacon Jalapeno Cheddar Scone 4.95
Ham & Cheese Croissant 5.95
Garlic Cheese Twist 4.50
Teal's Granola 14.50

*Celebrating 44
Yummy Years this
Valentine's Day.*

SEASONAL SANDWICHES

- Albacore Tuna & Cheddar on Seeded Ficelle
With housemade pickles and lettuce. 9.95
Italiano Ficelle
Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 9.95
Fresh Mozzarella & Roasted Tomato Ficelle, *vegetarian*
With lemon, arugula and olives. 9.95
Grilled Tri Tip on an Everything Croissant
With butter lettuce, tomato, mustard & horseradish. No mayo. 10.95
Almond Tarragon Chicken Salad Croissant
*With roasted chicken, fresh tarragon, celery, chopped almonds,
scallions, mayo and lettuce.* 10.50
Turkey & Gouda
*With crispy onions, butter lettuce, tomato & herb mayo on a
poppy seed bun.* 9.95
Grilled Chicken Club
With bacon, cheddar, lettuce & tomato on grilled sourdough. 9.95
Texas BBQ Chicken
*Our own bbq mayonnaise and shredded cabbage on a sesame
seed bun.* 9.95
Spinach Salad Sandwich
*With bacon, hard-boiled egg, mozzarella, baby spinach,
tomato & lettuce with mayo on hearty wheat.
9.50/8.50 without bacon*
Vegan Veggie Wrap
*Hummus, kale ribbons, tomato, grated carrot & red cabbage
in a whole wheat tortilla.* 8.95

BREAD

- Francese Baguette 4.50/ Buns 4.95/ 4 pkg
Rio Sourdough Baguette 4.50
Rustic Baguette 4.50
Joe's Bread (wheat sourdough) 8.50
Organic Capitola Sourdough Round 4.95
Organic Capitola Sourdough Sandwich 6.50
Olive Sourdough Oval 6.50
Organic Old World Raisin Walnut Loaf 7.50
Jewish Rye 6.95
Organic Hearty Wheat Sandwich Loaf 5.95
Muesli Sandwich Loaf *with pumpkin & sesame seeds* 6.50
English Toaster Bread 4.25
Challah Twist or Loaf 5.95

SALADS

- Creamy Lemon Kale, vegetarian**
With shaved parmesan & parmesan crisps. 4.50/ 9.00/ 18.00
- Crunchy Broccoli & Pecan, vegetarian**
With apple & gruyère. 4.95/ 9.90/ 19.80
- Miss Spoon's Quinoa, vegetarian**
With feta cheese and dried cranberries. 4.95/ 9.90/ 19.80
- Ginger Beet with Baby Spinach, vegan**
4.95/ 9.90/ 19.80
- Fresh Fruit, vegan**
4.95/ 9.90/ 19.80
- Almond Tarragon Chicken or Albacore Tuna Salad**
6.95/ 13.90/ 27.80
- Insalata Milanese**
Shredded chicken, carrot, arugula, celery, green olives, pepperoncini, jack cheese, cornichon and herb vinaigrette. 4.95/ 9.90/ 19.80
- Mediterranean Pasta Salad, vegetarian**
Penne pasta, artichoke hearts, feta, arugula, olives, sun dried tomatoes, and lemon vinaigrette. 4.95/ 9.90/ 19.80

COMPOSED SALADS

- Sesame Chicken Salad**
Romaine, oranges, almonds, cucumber, cilantro, scallions, marinated & grilled chicken breast & poppy seed dressing. 14.95
- Quinoa & Hummus Salad, vegetarian**
With feta, carrot matchsticks, cucumber, cherry tomatoes and kalamata olives with red wine vinaigrette. 11.95
- Caesar Salad, 9.95/ with Chicken Breast 12.50**
With housemade croutons & parmesan.
- Bistro Salad, vegetarian**
With goat cheese, dried cranberries and spiced nuts. 11.95



*We have a full espresso bar
& a selection of cold drinks,
beer, cider and wine by
the bottle or glass.*

*To Place Your Order
Click Here*

HOT FOOD

- Teriyaki Salmon 14.95**
- Balsamic Citrus Glazed Quarter Chicken 7.50**
- Lemon Marinated Chicken Breast 7.50**
- Peking Chicken Wings 8.95 for four**
- BBQ Pork Ribs 10.95**
- Chicken Enchiladas 7.25**
- Macaroni & Cheese, vegetarian 4.95 /9.90 /19.80**
- Layered Polenta Casserole, vegetarian 7.95**
- Penne d'Alba Pasta, vegetarian**
With toasted garlic, tomato sauce & mozzarella 4.95 /9.90 /19.80
- Spinach Gorgonzola Pasta, vegetarian 4.95 /9.90 /19.80**
- Creamy Mashed Potatoes, vegetarian 4.95 /9.90 /19.80**
- Twice Baked Potato, vegetarian 5.25**
- Steamed Veggies or Veggie Sauté, vegetarian 4.25 / 8.50**
- Francese Garlic Bread 2.50**

COLD GRAB & GO

PASTAS

- Chicken Capellini Salad 13.95**
- Spinach Gorgonzola Pasta, serves 2-3, vegetarian 17.95**
- Penne d'Alba Pasta, serves 2-3, vegetarian**
With toasted garlic, tomato sauce & mozzarella 16.95
- Macaroni & Cheese, serves 2-3, vegetarian 17.95**
- Lasagne Bolognese, serves 3-4 28.95**

ENTREES

- Meatloaf & Mashed Potatoes, serves 2-3 17.95**
- Chicken Pot Pie, serves 1-2 14.95**
- Chicken Enchiladas 14.50 for two**
- Potato & Kale Enchiladas, vegetarian 10.95 for two**
- Layered Polenta Casserole, serves 2, vegetarian 15.95**
- 5" Quiche: Bacon & Onion or Broccoli Cheddar, vegetarian 13.95**
- Peking Chicken Wings 15.95**
- BBQ Pork Ribs, serves 3-4 21.95**
- Twice Baked Potatoes, vegetarian 10.50 for two**
- Housemade Soup 9.50 pint**