

Hot Food & Cold Grab & Go

Bacon & Caramelized Onion Quiche – pastry flour, cake flour, unsalted butter, water, salt. *Filling:* cream, egg, Jarlsberg cheese, scallions, salt, pepper, bacon, caramelized onion, mushroom.

Balsamic Citrus Glazed Chicken (Diavolo) – bone in quartered chicken, balsamic vinegar, olive oil, lemon juice, rosemary, garlic, white pepper, salt.

BBQ Pork Ribs - St. Louis pork ribs, BBQ sauce (red wine vinegar, brown sugar, ketchup (*tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring*), Worcestershire sauce (*water, molasses, salt, high fructose corn syrup, corn syrup, acetic acid, caramel color, hydrolyzed soy protein, gluten free flour (millet flour, potato starch, tapioca starch, rice flour, whole grain sorghum, xanthan gum), natural flavor, guar gum, sodium benzoate*), garlic, salted butter, Tabasco).

Broccoli & Cheddar Quiche - pastry flour, cake flour, unsalted butter, water, salt. *Filling:* cream, egg, Jarlsberg cheese, scallions, salt, pepper, cheddar cheese, broccoli.

Chicken Capellini Salad - Grilled Marinated Chicken Breast (*gluten free tamari (water, soybeans, salt, sugar), lemon juice, canola oil, sesame oil, sugar, parsley, garlic, dry mustard, salt, pepper.*), Cherry Tomatoes, Fresh Basil, Mozzarella, Scallions, Parsley, Capellini Pasta. *Dressing:* Basic Vinaigrette (*olive oil, canola oil, red wine garlic, salt*), Tomato Puree, Garlic, Red Pepper Flakes, Sugar, Salt, Pepper

Chicken Enchiladas – corn tortillas, chicken (*roasted with paprika, oregano, garlic*), jack cheese, yellow onion, enchilada sauce (*chicken stock, water, sour cream, mild green chilis, gluten free flour (garbanzo bean flour, potato starch, tapioca flour, white sorghum flour, fava bean flour), salt, pepper*), cumin, chili powder, cilantro, salt, pepper.

Chicken Pot Pie – chicken meat (roasted chicken), Italian chicken sausage (*Chicken, mozzarella cheese (pasteurized milk, cultures, salt, enzymes, cellulose added to prevent caking), contains 2% or less of the following: parsley, roasted garlic (with olive oil), salt, spices, vinegar, paprika, sugar, basil, celery powder, sea salt. Stuffed in a natural pork casing*), chicken stock, onion, red potato, carrot, mushroom, celery, butter, flour, green olive, sage, rosemary, oregano, bay leaf, peppercorn, clove. **Crust:** pastry flour, cake flour, unsalted butter, water, salt, egg wash on top

Garlic Bread – *Francese Baguette:* unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract *Garlic butter:* salted butter, parmesan cheese, garlic, parsley

Grilled Tri Tip - Beef tri-tip, teriyaki marinade (*wheat free tamari sauce (water, soybeans, salt, sugar), canola oil, tangerine juice, brown sugar, ginger, chili paste*).

Lasagne Bolognese – lasagna noodles, Bolognese sauce (*ground beef, carrots, celery, onion, garlic, pear tomato, red pepper flakes, tomato paste, white wine, red wine, sherry, bay leaves, basil, chicken stock, salt, pepper, fresh oregano*), fresh spinach, ricotta, fresh basil, fresh oregano, parmesan cheese, mozzarella cheese, garlic, salt.

Lemon Marinated Chicken Breast – gluten free tamari (*water, soybeans, salt, sugar*), lemon juice, canola oil, sesame oil, sugar, parsley, garlic, dry mustard, salt, pepper.

Macaroni & Cheese – manufacturers cream, large elbow macaroni, cheddar cheese, parmesan cheese, asiago cheese, butter, Worcestershire sauce (*water, molasses, salt, high fructose corn syrup, corn syrup, acetic acid, caramel color, hydrolyzed soy protein, gluten free flour (millet flour, potato starch, tapioca starch, rice flour, whole grain sorghum, xanthan gum), natural flavor, guar gum, sodium benzoate*), dry mustard, salt, pepper. *Flour is added to the sauce in the Gayle's to Go case.*

Mashed potatoes: russet potatoes, cream, butter, salt, pepper

Meatloaf & Mashed Potatoes -*meat loaf:* ground beef, celery, carrots, yellow onion, bread crumbs, eggs, salt, pepper, red pepper flakes, dried oregano, ketchup. *Mashed potatoes:* russet potatoes, cream, butter, salt, pepper.

Peking Chicken Wings - chicken wings, soy sauce, sherry, hoisin sauce, ginger, red wine vinegar, orange marmalade, green bell pepper, tabasco

Penne d'Alba – penne pasta, red sauce (*canned pear tomatoes, olive oil, garlic, salt, pepper*), mozzarella cheese, garlic, parmesan cheese, olive oil, salt, pepper.

Polenta Casserole - polenta (*garlic, parmesan, white wine, mascarpone, oregano, salt, pepper*), zesty red sauce (*tomatoes, garlic, olive oil, crushed red pepper, basil, oregano, salt, pepper*), mushroom, spinach, onion, wine, parmesan cheese, olive oil, butter, garlic, salt, pepper

Potato Enchilada: potato, pepper jack cheese, yellow onion, kale, roasted poblano chile, green bell pepper, cilantro, cumin, salt, pepper, corn tortilla. Sauce: red enchilada sauce (*tomato puree (water, tomato paste), water, red chile puree, salt, chili pepper, canola oil, onion powder, spices, garlic puree, colored with oleoresin paprika, pectin, corn starch, natural flavors, lemon juice concentrate, citric acid, guar gum, xanthan gum, garlic powder, autolyzed yeast extract, locust bean gum*), heavy cream.

Spaghetti & Meatballs – meatballs: ground chuck, ground pork, CSD bread crumbs, onion, garlic, milk, crushed red pepper, eggs, ricotta, parmesan, parsley, fennel seeds, salt, pepper. *Spaghetti Noodles.* Sauce: tomato, garlic, onion, white wine, olive oil, crushed red pepper, oregano, salt pepper, bay leaf, basil.

Spinach Gorgonzola Pasta – pasta shells, gorgonzola sauce (*bechamel sauce (milk, butter, flour, nutmeg, salt, pepper), gorgonzola cheese*), ricotta, frozen spinach, gorgonzola cheese, garlic, parmesan cheese, salt, pepper.

Steamed Vegetables – (vegetables), butter, salt, pepper

Teriyaki Salmon - gluten free tamari (*water, soybeans, salt, sugar*), vegetable oil, brown sugar, orange or tangerine juice, chili paste, ginger root.

Twice Baked Potato – russet potatoes, sour cream, cheddar cheese, white cheddar cheese, manufacturers cream, green chili, black olives, salt, pepper.

Veggie Sauté - (vegetables), olive oil, salt, pepper

Gayle's Own Appetizers and Dips

Deviled Eggs – hard boiled eggs, mayo (*canola oil, olive oil, egg, white wine vinegar, Dijon mustard, salt, white pepper*), chives, dried mustard, white wine vinegar, black pepper, kosher salt, paprika, cayenne.

Garlic & Artichoke Dip – artichoke hearts, cream cheese, sour cream, garlic, scallions, olive oil, salt, pepper.

Hummus – garbanzo beans, olive oil, lemon juice, tahini, parsley, scallions, garlic, cumin, salt, black pepper.

Roasted red pepper cashew spread: cashews, roasted red bell pepper (jar), olive oil, soy sauce, cayenne.

Pimento Cheese Spread - cream cheese, extra sharp cheddar, mayo (*canola oil, olive oil, egg, white wine vinegar, Dijon mustard, salt, white pepper*), pimento, yellow onion, onion powder, cayenne, kosher salt

Garlic butter: salted butter, parmesan cheese, garlic, parsley

Red Wine Vinaigrette - olive oil, canola oil, red wine vinegar, salt

Poppyseed Dressing – canola oil, apple cider vinegar, sugar, yellow onion, poppyseeds, salt, black pepper, dry mustard

Orange Balsamic Vinaigrette - olive oil, orange juice, red wine vinegar, balsamic vinegar, sugar, garlic, red onion, red bell pepper, cayenne, parsley, salt, pepper.