

Sandwiches

Albacore Tuna on hearty wheat - Tuna salad (*albacore tuna, mayo (egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, Dijon mustard, salt, white pepper), red onion, cornichon, parsley, salt, pepper*), housemade pickles (*hot house cucumbers, brown sugar, apple cider vinegar, kosher salt, mustard seed, turmeric, whole cloves, allspice berries, crushed red pepper, yellow onion*), butter lettuce. Hearty wheat bread (*Francese dough (unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract), rye flour, water, yeast, corn meal, sesame seed, salt*)

Almond Tarragon Chicken Salad Croissant - Chicken, Celery, Green Onions, Fresh Tarragon, Almonds, Scallions, Salt & Pepper, Mayo (*egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, Dijon mustard, kosher salt, white pepper*). Croissant: *mellow judith (white) flour, lowfat milk powder, sugar, salt, salted butter (5%), unsalted butter (95%), yeast, water, egg wash*

Caprese Ficelle - sliced fresh mozzarella (*sprinkled with salt & black pepper*), dry farmed tomatoes (*sprinkled with salt & black pepper*), fresh basil, balsamic vinegar, olive oil, kosher salt, pepper, garlic. Ficelle bread: *unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract*

Castroville Turkey - roast turkey breast, provolone cheese, marinated artichoke hearts (*artichoke quarters, water, sunflower oil, distilled cane vinegar, salt, olive oil, garlic, spices, ascorbic acid*), piquillo peppers, lettuce, mayo (*pasteurized egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, dijon mustard, fresh thyme, salt, white pepper*), basic vinaigrette (*olive oil, canola oil, red wine vinegar, salt*). Francese bun (*unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract*).

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Italiano Ficelle - molinari salami, corralitos ham, provolone cheese, pepperoncini, mayo (*pasteurized egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, dijon mustard, fresh thyme, salt, white pepper*), basic vinaigrette (*olive oil, canola oil, red wine vinegar, salt*). Francese Ficelle: *unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract*

Grilled Lemon Chicken - grilled chicken breast (*gluten free tamari (water, soybeans, salt, sugar), lemon juice, canola oil, sesame oil, sugar, parsley, garlic, dry mustard, salt, pepper.*), gruyere cheese, thin lemon slices, spring mix, herb mayo (*pasteurized egg yolks, whole eggs, canola oil olive oil, white wine vinegar, dijon mustard, fresh thyme, salt, white pepper*), Capitola sourdough (*organic white flour, water, levain (organic unbleached wheat flour, organic whole wheat flour, water), Organic Rye Flour, organic wheat flour, sea salt*)

Grilled Tri Tip Sandwich - marinated tri tip (*soy sauce, canola oil, brown sugar, tangerine juice, chipotle paste, ginger root*), caramelized onion (*yellow onion, olive oil, butter, salt, pepper*), Dijon mustard, lettuce, tomato. Sesame seed bun (*enriched wheat flour, water, eggs, canola oil, sugar, yeast, salt, sesame seeds*)

Open Faced Ham & Brie - ham, brie, red onion, capers, parsley, herb mayo (*Egg Yolks, Whole Eggs, Canola Oil, Olive Oil, White Wine Vinegar, Dijon Mustard, Salt, White Pepper*). Rustic Baguette (*wheat flour, water, yeast, salt*).

Roasted Potato & Gouda - roasted potatoes (*chili powder, onion powder, garlic salt, sugar, paprika, salt, cayenne*), gouda, caramelized onion (*yellow onion, olive oil, butter, salt, pepper*), butter lettuce, tomato, mayo (*Egg Yolks, Whole Eggs, Canola Oil, Olive Oil, White Wine Vinegar, Dijon Mustard, Salt, White Pepper*). poppy seed bun (*enriched wheat flour, water, eggs, canola oil, sugar, yeast, salt, poppy seeds*)

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Turkey BLT Ficelle - Diestel turkey, applewood smoked bacon, butter lettuce, heirloom tomato, mayo (*Egg Yolks, Whole Eggs, Canola Oil, Olive Oil, White Wine Vinegar, Dijon Mustard, Salt, White Pepper & Fresh Thyme*). Francese Ficelle: *unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract*

Vegan Santa Fe Wrap - black beans, avocado, fresh corn, romaine lettuce, carrot, cabbage, cilantro, chipotle hummus (*garbanzo beans, olive oil, lemon juice, tahini, parsley, scallions, garlic, cumin, salt, black pepper, chipotle*), whole wheat tortilla (*water, organic flour, organic whole wheat flour, organic extra virgin olive oil, organic cultured wheat, organic soy fiber, organic cider vinegar, organic honey, sea salt, organic soy lecithin, organic guar gum, baking powder(monosodium phosphate, sodium bicarbonate, cornstarch)*)