

# Sandwiches

**Albacore Tuna Ficelle** - albacore tuna salad: mayo (pasteurized egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, dijon mustard, salt, white pepper), red onion, capers, celery, cornichon, salt, pepper. cheddar cheese, housemade pickles: hot house cucumbers, brown sugar, apple cider vinegar, kosher salt, mustard seed, turmeric, whole cloves, allspice berries, crushed red pepper, yellow onion. Seeded Ficelle: unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract, poppy seeds, sesame seeds, caraway seeds, fennel seeds.

**Almond Tarragon Chicken Salad Croissant** - Chicken, Celery, Green Onions, Fresh Tarragon, Almonds, Scallions, Salt & Pepper, Mayo (egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, Dijon mustard, kosher salt, white pepper). Croissant: mellow judith (white) flour, lowfat milk powder, sugar, salt, salted butter (5%), unsalted butter (95%), yeast, water, egg wash

**Avocado & Gouda on Muesli** - Gouda, Avocado, Tomato, Dill Pickle, Baby Spinach, Roasted red pepper cashew spread: (cashews, roasted red bell pepper (jar), olive oil, wheat free tamari, cayenne.). Muesli Bread: Organic flour, water, pumpkin seeds, sunflower seeds, sliced almonds, sesame seeds, salt, honey, yeast, malt

**Caprese Ficelle** - sliced fresh mozzarella (sprinkled with salt & black pepper), dry farmed tomatoes (sprinkled with salt & black pepper), fresh basil, balsamic vinegar, olive oil, kosher salt, pepper, garlic. Ficelle bread: unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract

**Egg Salad Sandwich** - Hard Boiled Eggs, Mayo (Egg Yolks, Whole Eggs, Canola Oil, Olive Oil, White Wine Vinegar, Dijon Mustard, Salt, White Pepper), Scallion, grated carrot, Dijon mustard, dill pickle juice, celery salt, black pepper, Lettuce, Hearty Wheat (Francese dough (unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract), rye flour, water, yeast, corn meal, sesame seed, salt)

**Italiano Ficelle** - molinari salami, corralitos ham, provolone cheese, pepperoncini, mayo (pasteurized egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, dijon mustard, fresh thyme, salt, white pepper), basic vinaigrette (olive oil, canola oil, red wine vinegar, salt). Francese Ficelle:

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unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract

**Marinated Chicken Breast Sandwich** - Chicken Breast (gluten free tamari, lemon juice, canola oil, sesame oil, sugar, garlic, dry mustard), Herb Mayo (egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, Dijon mustard, fresh thyme, kosher salt, white pepper), Lemon Juice, Capitola Sourdough Sandwich (Organic unbleached wheat flour, organic whole wheat flour, water, sea salt, vitamin C)

**Ranch Tri Tip** - Marinated Tri Tip (Teriyaki marinade: soy sauce, vegetable oil, tangerine juice, brown sugar, ginger, chili paste), Cheddar Cheese, Lettuce, Tomato, Ranch Dressing (buttermilk, mayo (canola oil, olive oil, egg, white wine vinegar, Dijon mustard, salt, white pepper), parsley, lemon juice, garlic, scallions, salt, black pepper, nutmeg). Francese Bun (unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract)

**Southwest Turkey** - Diestel Turkey Breast, Avocado sprinkled with salt & pepper, Tomato sprinkled with salt & pepper, Pepper Jack Cheese, Spring Mix, Cilantro Mayo (egg yolks, whole eggs, canola oil, olive oil, white wine vinegar, Dijon mustard, kosher salt, white pepper, lemon juice, cilantro). Capitola Sourdough – (levain (organic unbleached white flour, organic whole wheat flour, water), water, organic unbleached wheat flour/organic whole wheat flour, Organic Rye Flour, sea salt)

**Vegan Santa Fe Wrap** - black beans, avocado, fresh corn, romaine lettuce, carrot, cabbage, cilantro, chipotle hummus (garbanzo beans, olive oil, lemon juice, tahini, parsley, scallions, garlic, cumin, salt, black pepper, chipotle), whole wheat tortilla (water, organic flour, organic whole wheat flour, organic extra virgin olive oil, organic cultured wheat, organic soy fiber, organic cider vinegar, organic honey, sea salt, organic soy lecithin, organic guar gum, baking powder(monosodium phosphate, sodium bicarbonate, cornstarch))