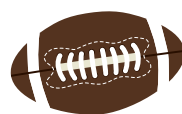




Super Bowl



APPETIZERS

- Potato Skins** *with cheddar, scallions, bacon & sour cream* 15.95
- Deviled Eggs** 10.50/6 pack
- Francese Garlic Bread** 7.95
- Peking Chicken Wings** 14.95
- BBQ Pork Ribs** 19.95
- Pizza Package: Dough, Red Sauce, Mozzarella and Parmesan** 10.95/ **With Salami** 13.95
- Old Fashioned Potato Salad** 8.50

DIPS & SPREADS

- Caramelized Onion Dip** 6.95
- Point Reyes Blue Cheese Dip** 6.95
- Roasted Garlic & Artichoke Dip** 6.95
- Savory Cheese Spread** 6.95
- Housemade Hummus** 6.95
- Roasted Red Pepper Cashew Spread** 7.25
- Crostini, for topping** 8.50

DESSERT

Football Cake

Football shaped chocolate cake with chocolate buttercream and a dark chocolate glaze outside & buttercream green grass. 26.95

Iced Football Cookies

Shortbread cookies iced to look like a football. 2.25

Football Brownies

Football shaped brownies with a chocolate glaze 3.95

SEASONAL SANDWICHES

- Italiano Ficelle** *salami, ham, provolone, pepperoncini, vinaigrette & mayo.* 9.95
- Turkey, Provolone & Pesto Ficelle** *with roasted tomato and lettuce.* 9.95
- Pastrami Ficelle** *with Swiss cheese, pickles & mustard.* 9.95
- Albacore Tuna Salad & Cheddar** *with butter lettuce on Capitola sourdough.* 9.50
- Vegan Veggie Wrap** *our hummus, sunflower sprouts, tomato, grated carrot & red cabbage in a whole wheat tortilla.* 8.95
- Ranch Tri Tip** *with cheddar cheese, lettuce, tomato and ranch dressing on a francese bun.* 9.95
- Masala Chicken Salad Croissant** *roasted chicken, almonds, mayo, currants, celery, scallions and lettuce.* 9.95
- California Avocado & Jack** *on hearty wheat with lettuce, sprouts, mayo & mustard.* 8.95
- Turkey, Avocado & Jack** *on hearty wheat with lettuce, sprouts, mayo & mustard.* 9.95

BLUE PLATE DINNERS

AVAILABLE COLD TO GO FROM 7AM-7PM

Beef Bourguignon

Crème Fraîche Mashed Potatoes

Broccoli with preserved lemon 20.95

Slow-Braised Lamb Shanks

with red wine, tomato & spices

Dolmas Rice Pilaf

Greek Country Salad with lemon dressing 20.95

Crispy Mustard Crusted Chicken

Risotto with greens & peas

Lemon Asparagus 19.95

Cider Brined Pork Chops

Vermont Cheddar Mashed Potatoes

Roasted Brussels Sprouts with pancetta 20.95

Shrimp Scampi with garlic & white wine Linguine

Fresh Asparagus

Rio Sourdough Baguette Slice 19.95

*To Place an Online Order
Scroll Down ↓*

Please note some items are not available online.

BREAKFAST

- Zucchini & Potato Frittata 6.50
- Breakfast Burrito with Potato & Bacon 8.75/Vegetarian 7.95
- Greek Yogurt Parfait with Teal's Granola 5.95
- Ham or Bacon Scrambled Egg Croissant 8.50/Vegetarian 7.25
- Fried Egg Sandwich with Bacon or Spinach 8.00/7.50
- Breakfast Biscuit with Ham 5.95/Vegetarian 4.95
- Individual Quiche: Bacon, or Tomato & Spinach 5.50
- Crisp Bacon Slices (3) 4.50
- Rosemary Roasted Potatoes 3.95/7.95

DANISH, CROISSANT & MORE

- Kouign Amann 4.75
- Monkey Bread 4.75
- Lemon Blueberry Muffin 3.75
- Strawberry Cheese Danish 3.75
- Old Fashioned Cinnamon Roll 4.75
- Croissant 2.95
- Pain d' Amande 4.25
- Chocolatine 3.95
- Bear Claw 4.25
- Downtowner with Sugar 3.75
- Ham & Cheese Croissant 5.25
- Garlic Cheese Twist 3.75
- Mushroom Turnover 2.95
- Bacon Cheddar Scone 4.50

GRAB & GO PASTAS & ENTREES

- Chicken Pot Pie, serves 1-2 11.95
- Chicken Enchiladas 12.95 for two
- Potato & Kale Enchiladas 9.95 for two
- Twice Baked Potatoes 9.50 for two
- Spinach Gorgonzola Pasta, serves 2-3 15.95
- Penne d'Alba Pasta, serves 2-3
with toasted garlic, tomato sauce & mozzarella 15.95
- Macaroni & Cheese, serves 2-3 15.95
- Lasagne Bolognese, serves 3-4 26.50
- Housemade Soup, Pint 8.75
French Onion Soup with Gayle's Toasts
Zucchini Gorgonzola Soup, vegetarian

HOT FOOD

- Balsamic Citrus Glazed Quarter Chicken 6.95
- BBQ Pork Ribs 8.50
- Peking Chicken Wings 7.95 for four
- Chicken Enchiladas 6.50
- Macaroni & Cheese 4.50/8.95
- Polenta Casserole 7.50
- Penne d'Alba Pasta
with toasted garlic, tomato sauce & mozzarella 4.50/8.95
- Spinach Gorgonzola Pasta 4.50/8.95
- Twice Baked Potato 4.75
- Steamed Veggies 3.95/7.95
- Francese Garlic Bread 2.50

SALADS

PRICES ARE PER HALF PINT/ PINT

- Old Fashioned Potato Salad 3.75/7.50
- Roasted Beets with Baby Spinach and Ginger 4.25/8.50
- Creamy Lemon Kale 3.95/7.95
- Crunchy Broccoli & Pecan 4.50/8.95
- Christie's Coleslaw 3.50/6.95
- Fresh Fruit, vegan 4.25/8.50
- Albacore Tuna or Masala Chicken Salad 6.95/13.95
- Crisp Green Salad of the Day 3.50

COMPOSED SALADS

- The Chicken & The Egg
our Garden Salad with grilled chicken breast and
hard-boiled egg. 11.50
- Garden Salad
with carrot matchsticks, red beets, mushrooms, cherry
tomatoes, cucumber slices & sunflower sprouts on a bed of
mixed greens. 8.95
- Caesar Salad 9.95/ with Chicken Breast 12.50
With housemade croutons & parmesan.
- Bistro Salad
with goat cheese, dried cranberries and spiced nuts. 11.50
- Salmon Niçoise Salad
with green beans, red potatoes and hard-boiled egg. 14.95

COOKIES & GOODIES

- Iced Football Cookie 2.25
- Cowboy Cookie 2.75
- Peanut Butter & Jelly Thumbprints 1.75
- Strawberry Shortcake Cookie 2.95
- Cake Batter Cookie with rainbow sprinkles 2.25
- Chocolate Coma Cookie (wf) 1.85
- Pecan Tassies 1.95
- Toll House Cookies 1.60
- Teal's Granola
With oats, dried cranberries, sunflower seeds, almonds, pecans, hazelnuts, maple syrup & a hint of vanilla. 12.50
- Crisp Spiced Nuts
A slightly sweet and spicy nut mix made with almonds and pecans. 14.50

BREAD

- Francese Baguette 4.50/ Buns 4.95/ 4 pack
- Rio Sourdough Baguette 4.25
- Joe's Bread (wheat sourdough) 7.25
- Organic Capitola Sourdough Round 3.95
- Olive Sourdough Oval 5.75
- English Toaster Bread 4.25
- Organic Hearty Wheat Sandwich Loaf 5.50
- Muesli Loaf 6.25
- Organic Capitola Sourdough Sandwich 5.75
- Organic Old World Raisin Walnut 6.75/ 1.30 roll
- Jewish Rye 6.75
- Challah Twist or Sandwich 4.75

SPECIALTY CAKES

- Black & White Cake**
Flourless chocolate cake with chocolate ganache and vanilla whipped cream inside, and vanilla whipped cream outside with a chocolate ganache pour.
- Salted Caramel Cake**
Devil's food cake with a housemade salted caramel filling and a dark chocolate icing, topped with flaked sea salt.
- Chocolate Mousse Cake**
Devil's food cake, rich chocolate mousse & chocolate whipped cream, with chocolate ganache and ground hazelnuts on the side.
- Blackberry Bramble**
Vanilla sponge filled with blackberry jam and blackberry buttercream. With a marbled design of vanilla and blackberry buttercream.
- Carrot Cake**
With cream cheese icing inside and outside, and hand-painted carrots.
- Lemon Raspberry Dream**
Vanilla sponge cake with layers of raspberry jam and lemon buttercream, and topped with fresh raspberries.
- Princess Cake**
Vanilla sponge cake with pastry cream, raspberry jam & vanilla whipped cream inside with a marzipan shell & a fresh rose.

CAKE PRICES, SIZES & SLICES

PRICES	AVAILABLE BY THE SLICE
5" ~ 25.00	Black & White • Princess
7" ~ 42.00	Carrot • Blackberry Bramble
5.95 slice	

PIES & PASTRIES

- Olallieberry Pie 28.95/ 3.95 slice
- Key Lime Parfait 5.95
- Chocolate Eclair 5.25

ESPRESSO BAR • COFFEE
SODA • JUICE • BEER • WINE

OPEN 7AM - 7PM DAILY

