

BREAKFAST

- Breakfast Burrito with Potato & Bacon 8.75/Vegetarian 7.95
- Ham or Bacon Scrambled Egg Croissant 8.50/Vegetarian 7.25
- Low Guilt Burrito with Brown Rice, Black Bean & Kale 7.50
- Breakfast Biscuit with Ham 5.95/ Vegetarian 4.95
- Fried Egg Sandwich with Bacon or Spinach 8.00 / 7.50
- Individual Quiche: Bacon, or Tomato & Spinach 5.50
- Crisp Bacon Slices (3) 4.50
- Rosemary Roasted Potatoes 3.95 / 7.95

DANISH, CROISSANT & GOODIES

- Kouign Amann 4.75
- Monkey Bread 4.75
- Banana Bran Muffin 3.75
- Lemon Danish 3.75
- Old Fashioned Cinnamon Roll 4.75
- Croissant 2.95
- Pain d' Amande 4.25
- Chocolatine 3.95
- Bear Claw 4.25
- Downtowner with Sugar 3.75
- Crocodile, flaky brown sugar maple pecan pastry 4.50
- Olallieberry Turnover 4.75
- Ham & Cheese Croissant 5.25
- Garlic Cheese Twist 3.75

To Place an Online Order
Scroll Down ↓
Please note some items
are not available online.

FROM OUR ESPRESSO BAR

- Gayle's Own Dark Roast or Decaf Coffee 2.50/2.95
- Cold Brew Coffee 3.75
- Latte or Tea Latte 3.75/4.25
- Cafe au Lait 3.75/4.25
- Cappuccino 3.75
- Macchiato 3.25
- Espresso 2.75
- Americano 2.75
- Mocha 4.25/4.75
- Hot Chocolate 3.00/3.50
- Steamer 2.50/2.75
- Chai 3.75/4.25
- Mocha Chai 4.25/4.75
- Hot Tea 1.95
- Apricot or Black Iced Tea (unsweetened) 3.50

• Extras •

- Soy, Almond, Oat or Coconut Milk .75
- Whipped Cream .75
- Add a Shot of Espresso 1.50
- Vanilla Syrup .75

SEASONAL SANDWICHES

- Italiano Ficelle**
salami, ham, provolone, pepperoncini, vinaigrette & mayo. 9.95
- Albacore Tuna & Cheddar on Seeded Ficelle**
with housemade pickles and lettuce. 9.75
- Fresh Mozzarella & Roasted Tomato Ficelle**
with lemon, arugula and olives. 9.50
- Vegan Veggie Wrap**
Our own hummus, sunflower sprout, tomato, grated carrot & red cabbage wrapped in a whole wheat tortilla. 8.95
- Ranch Tri Tip**
with cheddar cheese, lettuce, tomato and ranch dressing on Dutch crunch. 9.95
- Marinated Chicken Breast**
with herb mayo and a splash of lemon juice on thick sliced Capitola sourdough. 9.50
- Masala Chicken Salad Croissant**
Masala roasted chicken, slivered almonds, mayo, currants, celery, scallions and lettuce tucked into a croissant. 9.95

SALADS

PRICES ARE PER HALF PINT/ PINT

- Crunchy Broccoli & Pecan 4.50/ 8.95
- Red, Green & Gold Kale Salad 4.25/ 8.50
- Abby's Pasta Salad 4.50/ 8.95
- Miss Spoon's Quinoa 3.95 half pint/ 7.95 pint
- Christie's Coleslaw 3.50/ 6.95
- Fresh Fruit, vegan 4.25/ 8.50
- Albacore Tuna or Masala Chicken Salad 6.95/ 13.95

COMPOSED SALADS

- The Chicken & The Egg** *Our Garden Salad with grilled chicken breast and hard-boiled egg.* 11.50
- Garden Salad** *with carrot matchsticks, red beets, mushrooms, cherry tomatoes, cucumber slices and sunflower sprouts on a bed of mixed greens* 8.95
- Caesar Salad** 9.95/ **with Chicken Breast** 12.50
with housemade croutons & parmesan
- Bistro Salad** *with goat cheese, dried cranberries and spiced nuts* 11.50
- Salmon Niçoise Salad** *with green beans, red potatoes and hard-boiled egg* 14.95

GAYLE'S Weekday *Hot* Blue Plate Dinners

READY AT
4:30 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Slow-Braised Lamb Shanks with red wine, tomato & spices Dolmas Rice Pilaf Greek Country Salad with lemon dressing 20.95	Roast Turkey with homemade gravy & cranberry sauce Mashed Potatoes Mom's Sourdough Stuffing Green Beans with fresh thyme 22.95	Pork Tenderloin with balsamic & dried cherry reduction Creamy Polenta with mascarpone Brussels Sprouts with pancetta 20.95	Southwest Skirt Steak with salsa fresca and crispy onions Roasted Poblano & Cheddar Gratin Chopped Salad with jicama & avocado 22.95	Blackened Salmon Sun Dried Tomato & Basil Orzo Garlic Sautéed Spinach 21.95

All Five Dinners are Available Cold To Go Daily thru Sunday, January 10th from 7am - 7pm

HOT FOOD

- Balsamic Citrus Glazed Quarter Chicken 6.95
- BBQ Pork Ribs 8.50
- Peking Chicken Wings, 7.95 for four
- Chicken Enchiladas 6.50
- Macaroni & Cheese (v) 4.50 / 8.95
- Penne d'Alba Pasta
with toasted garlic, tomato sauce & mozzarella 4.50 / 8.95
- Spinach Gorgonzola Pasta 4.50 / 8.95
- Twice Baked Potato 4.75
- Steamed Veggies 3.95 / 7.95
- Francese Garlic Bread 2.50



COLD GRAB & GO PASTAS & ENTREES

- BBQ Pork Ribs, serves 3-4 20.95
- Peking Chicken Wings 14.95
- Chicken Enchiladas 12.95 for two
- Twice Baked Potatoes 9.50 for two
- Spinach Gorgonzola Pasta, serves 2-3 15.95
- Penne d'Alba Pasta, serves 2-3
with toasted garlic, tomato sauce & mozzarella 15.95
- Macaroni & Cheese, serves 2-3 15.95
- Lasagne Bolognese, serves 3-4 26.50
- Francese Garlic Bread 7.50

GAYLE'S OWN

- Deviled Eggs 10.50/6 pack
- Crostini buttery garlic toasts 8.50
- Roasted Garlic & Artichoke Dip 6.95
- Savory Cheese Spread 6.95
- Housemade Hummus 6.95
- Red Pepper Cashew Spread 7.25

SOUP

- Housemade Soup, Pint 8.75
- New England Clam Chowder
- Carrot Ginger

COOKIES

- Iced Whale Cookie 2.25
- Old Fashioned Brownies 3.95
- Cowboy Cookie 2.75
- Peanut Butter & Jelly Thumbprints 1.75
- Dirty Chai Cookie 1.60
- Cake Batter Cookie with rainbow sprinkles 2.25
- Chocolate Coma Cookie (wf) 1.85
- Pecan Tassies 1.95
- Toll House Cookies 1.60

BREAD

- Francese Baguette 4.50/ Buns 4.95/ 4 pack
- Rio Sourdough Baguette 4.25
- Joe's Bread (wheat sourdough) 7.25
- Organic Capitola Sourdough Round 3.95
- Olive Sourdough Oval 5.75
- English Toaster Bread 4.25
- Organic Hearty Wheat Sandwich Loaf 5.50
- Muesli Loaf 6.25
- Organic Capitola Sourdough Sandwich 5.75
- Organic Old World Raisin Walnut 6.75
- Jewish Rye 6.75
- Challah Twist or Sandwich 4.75

PIES & PASTRIES

- Olallieberry Pie 28.95/ 3.95 slice
- Key Lime Parfait 5.95
- Napoleon 5.25
- Florentine *honey, almond & chocolate with candied orange* 3.25
- Chocolate Eclair 5.25

SPECIALTY CAKES

Black & White Cake

Flourless chocolate cake with chocolate ganache and vanilla whipped cream inside, and vanilla whipped cream outside with a chocolate ganache pour.

Salted Caramel Cake

Devil's food cake with a housemade salted caramel filling and a dark chocolate icing, topped with flaked sea salt.

Chocolate Mousse Cake

Devil's food cake, rich chocolate mousse & chocolate whipped cream, with chocolate ganache and ground hazelnuts on the side.

Blackberry Bramble

Vanilla sponge filled with blackberry jam and blackberry buttercream. With a marbled design of vanilla and blackberry buttercream.

Carrot Cake

With cream cheese icing inside and outside, and hand-painted carrots.

Lemon Raspberry Dream

Vanilla sponge cake with layers of raspberry jam and lemon buttercream, and topped with fresh raspberries.

Princess Cake

Vanilla sponge cake with pastry cream, raspberry jam & vanilla whipped cream inside with a marzipan shell & a fresh rose.

CAKE PRICES, SIZES & SLICES

PRICES

5" ~ 25.00

7" ~ 42.00

5.95 slice

AVAILABLE BY THE SLICE

Black & White • Princess

Carrot • Blackberry Bramble

*To Place Your Order
Click Here*

OPEN 7AM - 7PM DAILY