

BREAKFAST

- Breakfast Burrito with Bacon 8.75 / Vegetarian 7.95
Breakfast Biscuit 4.95 / 5.95 with Ham
Frittata Verde (v) 6.50
Crisp Bacon Slices (3) 4.50
Scrambled Egg Croissant (v) 7.25 with Ham or Bacon 8.50
Fried Egg Sandwich with Bacon or Spinach 8.00 / 7.50
Individual Quiche: Bacon, or Tomato & Spinach (v) 5.50
Rosemary Roasted Potatoes 3.95 / 7.95

DANISH, CROISSANT & GOODIES

- Three Ginger Gingerbread 15.95/ slice 3.50
Pumpkin Muffin 3.60
Old Fashioned Cinnamon Roll 4.75
Croissant 2.95
Pain d' Amande 4.25
Chocolatine 3.95
Kouign Amann 4.75
Raspberry Filled Kouign Amann 5.25
Apple Cheese Danish 3.75
Downtowner with Sugar 3.75
Bear Claw 4.25
Pecan Schnecken 4.50
Olallieberry Turnover 4.75
Ham & Cheese Croissant 5.25
Garlic Cheese Twist 3.75

FROM OUR ESPRESSO BAR

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| Gayle's Own Dark Roast or Decaf Coffee 2.50/ 2.95 | Mocha 4.25/4.75 |
| Cold Brew Coffee 3.75 | Hot Chocolate 3.00/3.50 |
| Latte or Tea Latte 3.75/4.25 | Steamer 2.50/2.75 |
| Cafe au Lait 3.75/4.25 | Chai 3.75/4.25 |
| Cappuccino 3.75 | Mocha Chai 4.25/4.75 |
| Macchiato 3.25 | Hot Tea 1.95 |
| Espresso 2.75 | Apricot or Black Iced Tea (unsweetened) 3.50 |
| Americano 2.75 | |

• Extras •

- Soy, Almond, Oat or Coconut Milk .75 • Whipped Cream .75
Add a Shot of Espresso 1.50 • Vanilla Syrup .75

**BOTTLED DRINKS/ BEER/ WINE
ALSO AVAILABLE**

(wf) = wheat free (v) = vegetarian

SEASONAL SANDWICHES

- Italiano Ficelle
salami, ham, provolone, pepperoncini, vinaigrette & mayo. 9.95
- Albacore Tuna & Cheddar on Seeded Ficelle
with housemade pickles and lettuce. 9.75
- Turkey & Swiss Ficelle
with dijonnaise and dill pickle. 9.75
- Fresh Mozzarella & Roasted Tomato Ficelle
with lemon, arugula and olives. (v) 9.50
- Roasted Vegetable & Avocado
cumin spiced carrots & garbanzos, pumpkin seeds and artichoke tapenade on Joe's bread. Vegan 8.95
- Turkey Crannie
with provolone, grated carrot, lettuce & cranberry mustard and mayo on a francese bun. 9.95
- Tri Tip with Horseradish Sauce
with pickled red onion and butter lettuce on a poppy seed challah bun. 9.95
- Marinated Chicken Breast
with herb mayo and a splash of lemon juice on thick sliced Capitola sourdough. 9.50
- Almond Tarragon Chicken Salad Croissant 9.95
- Egg Salad Sandwich
with butter lettuce on hearty wheat. 7.50

SALADS

PRICES ARE PER HALF PINT/ PINT

- Crunchy Broccoli & Pecan (v) 4.50/ 8.95
Red, Green & Gold Kale Salad, vegan 4.25/ 8.50
Abby's Pasta Salad (v) 4.50/ 8.95
Miss Spoon's Quinoa (v) 3.95 half pint/ 7.95 pint
Italian Chopped Salad 4.75/ 9.50
Christie's Coleslaw (v) 3.50/ 6.95
Fresh Fruit, vegan 4.25/ 8.50
Albacore Tuna or Almond Chicken Salad 6.95/ 13.95

COMPOSED SALADS

- Bistro Salad *with goat cheese, dried cranberries and spiced nuts* (v) 11.50
- Caesar Salad 9.95/ with Chicken Breast 12.50
with housemade croutons & parmesan
- Spinach Salad *with cherry tomatoes, mushrooms, hard-boiled egg, and red onion* (v) 8.50/ With Bacon 9.50

GAYLE'S Weekday *Hot* Blue Plate Dinners

READY AT
4:30 PM

MONDAY, 11/16	TUESDAY, 11/17	WEDNESDAY, 11/18	THURSDAY, 11/19	FRIDAY, 11/20
Roast Pork Loin with apricot & sourdough stuffing — • — Vermont Cheddar Mashed Potatoes — • — Buttery, Bacony Cabbage 20.95	Chicken Marbella — • — Buttered Basmati Rice — • — Lemon Broccolini 19.95	Beer & Balsamic Braised Short Ribs — • — Cheesy Baked Polenta — • — Tarragon Green Beans 21.95	Surf & Turf with Prawns & Flank Steak — • — Baked Potato with butter & sour cream — • — Chopped Iceberg Salad with blue cheese dressing 21.95	Mediterranean Salmon — • — Saffron Mashed Potatoes — • — Garlic Sauteed Spinach 21.95

All Five Dinners are Available Cold To Go Daily thru Sunday, November 22nd from 7am - 7pm

HOT FOOD

- Balsamic Citrus Glazed Quarter Chicken 6.95
- Lemon Marinated Chicken Breast 6.95
- BBQ Pork Ribs 8.25
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- Hot Soup of the Day 12 oz 6.50/ 32 oz 16.95
- Twice Baked Potato (v) 4.75
- Chicken Enchiladas 6.50
- Macaroni & Cheese (v) 4.50 /8.95
- Penne d'Alba Pasta**
with toasted garlic, tomato sauce & mozzarella (v) 4.50 /8.95
- Spinach Gorgonzola Pasta 4.50 /8.95
- Steamed Veggies 3.95 / 7.95
- Garlic Bread (v) 2.35

GAYLE'S OWN & SIDES

- Housemade Soup, Pint 8.75
- New England Clam Chowder*
- Artichoke Broccoli Bisque* (v)
- Garlic Bread**~*Francesce half loaf ready for your oven.* (v) 7.50
- Deviled Eggs 10.50/6 pack/ 1.65 individual
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- Crostini *buttery garlic toasts* 8.50
- Roasted Garlic & Artichoke Dip (v) 6.95
- Savory Cheese Spread (v) 6.95
- Hummus (v) 6.95
- Red Pepper Cashew Spread (v) 7.25

COLD GRAB & GO PASTAS & ENTREES

- Balsamic Citrus Glazed Quarter Chicken 6.95
- BBQ Pork Ribs, serves 3-4 19.95
- Grilled Salmon 13.95
- Chicken Enchiladas 12.95 *for two*
- Bacon & Caramelized Onion Quiche, serves 1-2 11.95
- Broccoli & Cheddar Quiche, serves 1-2 11.95
- Twice Baked Potatoes 9.50 *for two*
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- Spinach Gorgonzola Pasta, serves 2-3 (v) 15.95
- Penne d'Alba Pasta**
with toasted garlic, tomato sauce & mozzarella (v) 15.95
- Macaroni & Cheese, serves 2-3 (v) 15.95
- Spaghetti & Meatballs, serves 2-3 16.95
- Lasagne Bolognese, serves 3-4 26.50
- Pizza Package: Dough, Red Sauce, Mozzarella**
& **Parmesan** 10.95 **With Salami** 13.95

PIES & PASTRIES

- Pumpkin Pie 20.95 / 3.95 slice
- Fresh Apple Crumb Pie 26.95 / 3.95 slice
- Pecan Pie 28.95 / 3.95 slice
- Olallieberry Pie 28.95/ 3.95 slice
- Mini Pumpkin Cheesecake 6.95
- Caramel Apple Bread Pudding 5.95
- Tiramisu Parfait 5.95
- Florentine honey, almond & chocolate with candied orange 3.25
- Chocolate Eclair 5.25
- Cupcakes, Vanilla or Chocolate 3.60

COOKIES & GOODIES

- Iced Owl Cookie 2.25
- Lemon Crackle Cookie 1.60/ 17.50 doz
- Cocos 1.75/ 19.25 doz
- Chocolate Coma Cookie (wf) 1.85/19.95 doz
- Ginger Cookie 1.60/ 17.50 doz
- Brookies 2.95/ 32.50 doz
- Old Fashioned Peanut Butter 2.75/ 29.25 doz
- Cowboy Cookie 2.75/ 29.25 doz
- Strawberry Shortcake 2.75/ 29.95 doz
- Butterstars 1.60/ 17.50 doz
- Toll House 1.60/ 17.50 doz/ Cookie Dough 12.50 doz
- Biscotti Bag, 12 piece 16.95
- Teal's Granola 12.50

BREAD

- Organic Joe's Bread 7.25
- Organic Capitola Sourdough
Round 4.25 • Sandwich 5.95
- Olive Capitola Sourdough 5.95
- Challah Twist or Sandwich 4.75
- Rio Baguette, slightly sour 4.25
- Muesli Bread 6.25
- Organic Hearty Sandwich Wheat 5.50
- Organic Old World Raisin Walnut 6.95
- Francese Baguette 4.50/ Buns 4.25 /4 pack
- Carpo's Seeded Francese 4.75
- English Toaster 4.25

SPECIALTY CAKES

- Pumpkin Cheesecake**
In a ginger cookie crust with vanilla whipped cream & decorated with white chocolate autumn leaves. 38.00
- Pumpkin Chiffon Roll**
Light pumpkin chiffon cake filled with a caramel whipped cream & decorated for fall. 32.00
- Shimmering Pumpkin Princess Cake**
*Chocolate cake, raspberry jam, pastry cream & chocolate whipped cream with a pumpkin shaped shell & a dusting of gold.
5" ~ 27.00/ 7" ~ 48.00/ 9" ~ 63.00*
- Burnt Almond Cake**
Vanilla sponge cake, almond flavored pastry cream inside with vanilla buttercream and candied almonds outside.
- Flourless Cappuccino Cake**
Flourless, fudgy chocolate cake filled and iced with coffee whipped cream. Vanilla whipped cream "foam" on top.
- Salted Caramel Cake**
Devil's food cake with a housemade salted caramel filling and a dark chocolate icing, topped with flaked sea salt.
- Carrot Cake**
With cream cheese icing inside and outside, and hand-painted carrots.
- Princess Cake**
Vanilla sponge cake with pastry cream, raspberry jam and vanilla whipped cream inside with a marzipan shell and a fresh rose.
- Chocolate Mousse Cake**
Devil's food cake, rich chocolate mousse & chocolate whipped cream, with chocolate ganache and ground hazelnuts on the side.

CAKE PRICES, SIZES & SLICES

PRICES	AVAILABLE BY THE SLICE
5" ~ 25.00	Pumpkin Chiffon Roll • Salted Caramel
7" ~ 42.00	Carrot • Princess
5.95 slice	<i>Inscription on Your Cake ~ No Charge Fresh Flowers ~ Price Varies by Size</i>