

BREAKFAST

- Breakfast Burrito with Bacon 8.75 / Vegetarian 7.95
Breakfast Biscuit 4.95 / 5.95 with Ham
Frittata Verde (v) 6.50
Crisp Bacon Slices (3) 4.50
Scrambled Egg Croissant (v) 7.25 with Ham or Bacon 8.50
Fried Egg Sandwich with Bacon or Spinach 8.00 / 7.50
Individual Quiche: Bacon, or Tomato & Spinach (v) 5.50
Rosemary Roasted Potatoes 3.95 / 7.95

SEASONAL SANDWICHES

- Italiano Ficelle
salami, ham, provolone, pepperoncini, vinaigrette & mayo. 9.95
Albacore Tuna & Cheddar on Seeded Ficelle
with housemade pickles and lettuce. 9.75
Turkey & Swiss Ficelle
with dijonnaise and dill pickle. 9.75
Fresh Mozzarella & Roasted Tomato Ficelle
with lemon, arugula and olives. (v) 9.50
Roasted Vegetable & Avocado
cumin spiced carrots & garbanzos, pumpkin seeds and artichoke tapenade on Joe's bread. Vegan 8.95
Turkey Crannie
with provolone, grated carrot, lettuce & cranberry mustard and mayo on a francese bun. 9.95
Tri Tip with Horseradish Sauce
with pickled red onion and butter lettuce on a poppy seed challah bun. 9.95
Marinated Chicken Breast
with herb mayo and a splash of lemon juice on thick sliced Capitola sourdough. 9.50
Almond Tarragon Chicken Salad Croissant 9.95

- Egg Salad Sandwich
with butter lettuce on hearty wheat. 7.50

SALADS

PRICES ARE PER HALF PINT/PINT

- Crunchy Broccoli & Pecan (v) 4.50/ 8.95
Red, Green & Gold Kale Salad, vegan 4.25/ 8.50
Abby's Pasta Salad (v) 4.50/ 8.95
Miss Spoon's Quinoa (v) 3.95 half pint/ 7.95 pint
Italian Chopped Salad 4.75/ 9.50
Christie's Coleslaw (v) 3.50/ 6.95
Fresh Fruit, vegan 4.25/ 8.50
Albacore Tuna or Almond Chicken Salad 6.95/ 13.95

COMPOSED SALADS

- Bistro Salad *with goat cheese, dried cranberries and spiced nuts* (v) 11.50
Caesar Salad 9.95/ with Chicken Breast 12.50
with housemade croutons & parmesan
Spinach Salad *with cherry tomatoes, mushrooms, hard-boiled egg, and red onion* (v) 8.50/ With Bacon 9.50

HOT FOOD

- Balsamic Citrus Glazed Quarter Chicken 6.95
Lemon Marinated Chicken Breast 6.95
BBQ Pork Ribs 8.25
Polenta Casserole (v) (wf) 7.50
Twice Baked Potato (v) 4.75
Chicken Enchiladas 6.50
Macaroni & Cheese (v) 4.50 / 8.95
Penne d'Alba Pasta
with toasted garlic, tomato sauce & mozzarella (v) 4.50 / 8.95
Spinach Gorgonzola Pasta 4.50 / 8.95
Steamed Veggies 3.95 / 7.95
Garlic Bread (v) 2.35

BLUE PLATE DINNERS COLD TO GO

- BBQ Tri Tip Dinner with Twice Baked Potato and Buttered Broccoli 19.95
Amalfi Chicken Dinner with Parmesan Smashed Potatoes and Buttered Broccoli 19.95
Shrimp Scampi Dinner with garlic & white wine Linguine, Fresh Asparagus and Rio Baguette 19.95

COLD GRAB & GO PASTAS & ENTREES

- BBQ Pork Ribs, serves 3-4 19.95
Chicken Enchiladas 12.95 for two
Polenta Casserole (v) (wf) 14.95 for two
Twice Baked Potatoes 9.50 for two
Spinach Gorgonzola Pasta, serves 2-3 (v) 15.95
Penne d'Alba Pasta, serves 2-3 (v)
with toasted garlic, tomato sauce & mozzarella 15.95
Macaroni & Cheese, serves 2-3 (v) 15.95
Lasagne Bolognese, serves 3-4 26.50

GAYLE'S OWN & SIDES

- Housemade Soup by the Pint 8.75
Turkey Noodle
Carrot Ginger (v)
Francese Garlic Bread (v) 7.50
Deviled Eggs 10.50/6 pack/ 1.65 individual
Crostoni buttery garlic toasts 8.50
Roasted Garlic & Artichoke Dip (v) 6.95
Savory Cheese Spread (v) 6.95
Housemade Hummus (v) 6.95
Red Pepper Cashew Spread (v) 7.25

DANISH, CROISSANT & GOODIES

Three Ginger Gingerbread 15.95/ slice 3.50

Pumpkin Muffin 3.75

Old Fashioned Cinnamon Roll 4.75

Croissant 2.95

Pain d' Amande 4.25

Chocolatine 3.95

Apple Cheese Danish 3.75

Downtowner with Sugar 3.75

Bear Claw 4.25

Pecan Schnecken 4.50

Olallieberry Turnover 4.75

Ham & Cheese Croissant 5.25

Garlic Cheese Twist 3.75

COOKIES & GOODIES

Lemon Crackle Cookie 1.60/ 17.50 doz

Chocolate Coma Cookie (wf) 1.85/19.95 doz

Ginger Cookie 1.60/ 17.50 doz

Old Fashioned Peanut Butter 2.75/ 29.25 doz

Cowboy Cookie 2.75/ 29.25 doz

Butterstars 1.60/ 17.50 doz

Toll House 1.60/ 17.50 doz/ Cookie Dough 12.50 doz

BREAD

Francese Baguette 4.50/ Buns 4.95/ 4 pack

Rio Baguette, slightly sour 4.25

Organic Joe's Bread 7.25

Organic Capitola Sourdough

Round 4.25 • Sandwich 5.95

Olive Capitola Sourdough 5.95

Organic Old World Raisin Walnut 6.95

Organic Hearty Sandwich Wheat 5.50

Muesli Bread 6.25

Challah Twist or Sandwich 4.75

English Toaster 4.25

SPECIALTY CAKES

Pumpkin Cheesecake

In a ginger cookie crust with vanilla whipped cream & decorated with white chocolate autumn leaves. 38.00

Salted Caramel Cake

Devil's food cake with a housemade salted caramel filling and a dark chocolate icing, topped with flaked sea salt.

Key Lime Pie

Creamy, sweet-tart key lime filling in a graham cracker crust topped with whipped cream. 38.00

Burnt Almond Cake

Vanilla sponge cake, almond flavored pastry cream inside with vanilla buttercream and candied almonds outside.

Carrot Cake

With cream cheese icing inside & outside, and hand-painted carrots.

Princess Cake

Vanilla sponge cake with pastry cream, raspberry jam and vanilla whipped cream inside with a marzipan shell and a fresh rose.

Chocolate Mousse Cake

Devil's food cake, rich chocolate mousse & chocolate whipped cream, with chocolate ganache and ground hazelnuts on the side.

CAKE PRICES, SIZES & SLICES

PRICES

5" ~ 25.00

7" ~ 42.00

5.95 slice

AVAILABLE BY THE SLICE

Salted Caramel • Carrot

Princess • Key Lime

Inscription on Your Cake ~ No Charge

Fresh Flowers ~ Price Varies by Size

PIES & PASTRIES

Pumpkin Pie 20.95 / 3.95 slice

Fresh Apple Crumb Pie 26.95/ 3.95 slice

Pecan Pie 28.95/ 3.95 slice

Olallieberry Pie 28.95/ 3.95 slice

Mini Pumpkin Cheesecake 6.95

Caramel Apple Bread Pudding 5.95

Chocolate Eclair 5.25

FROM OUR ESPRESSO BAR

Gayle's Own Dark Roast
or Decaf Coffee 2.50/ 2.95

Cold Brew Coffee 3.75

Latte or Tea Latte 3.75/4.25

Cafe au Lait 3.75/4.25

Cappuccino 3.75

Macchiato 3.25

Espresso 2.75

Americano 2.75

Mocha 4.25/4.75

Hot Chocolate 3.00/3.50

Steamer 2.50/2.75

Chai 3.75/4.25

Mocha Chai 4.25/4.75

Hot Tea 1.95

Apricot or Black Iced Tea
(unsweetened) 3.50

• Extras •

Soy, Almond, Oat or Coconut Milk .75 • Whipped Cream .75

Add a Shot of Espresso 1.50 • Vanilla Syrup .75

**BOTTLED DRINKS/ BEER/ WINE
ALSO AVAILABLE**