

## BREAKFAST

- Breakfast Burrito with Bacon 8.75 /Vegetarian 7.95
- Breakfast Biscuit 4.95 / 5.95 with Ham
- Fresh Corn Frittata (v) 6.50
- Crisp Bacon Slices (3) 4.50
- Scrambled Egg Croissant (v) 7.25 with Ham or Bacon 8.50
- Fried Egg Sandwich with Bacon or Spinach 8.00/ 7.50
- Individual Quiche: Bacon, or Tomato & Spinach (v) 5.50
- Rosemary Roasted Potatoes 3.95 / 7.95

## DANISH, CROISSANT & GOODIES

- Pumpkin Muffin 3.75
- Croissant 2.95
- Pain d' Amande 4.25
- Chocolatine 3.95
- Kouign Amann 4.75
- Lemon Filled Kouign Amann 5.25
- Strawberry Cream Cheese Danish 3.75
- Downtowner with Sugar 3.75
- Bear Claw 4.25
- Pecan Schnecken 4.50
- Olallieberry Turnover 4.75
- Crocodile, flaky brown sugar maple pecan pastry 4.50
- Ham & Cheese Croissant 5.25
- Garlic Cheese Twist 3.75

## FROM OUR ESPRESSO BAR

- |   |  |
|---|--|
| Gayle's Own Dark Roast or Decaf Coffee 2.50/ 2.95 | Mocha 4.25/4.75                              |
| Cold Brew Coffee 3.75                             | Hot Chocolate 3.00/3.50                      |
| Latte or Tea Latte 3.75/4.25                      | Steamer 2.50/2.75                            |
| Cafe au Lait 3.75/4.25                            | Chai 3.75/4.25                               |
| Cappuccino 3.75                                   | Mocha Chai 4.25/4.75                         |
| Macchiato 3.25                                    | Hot Tea 1.95                                 |
| Espresso 2.75                                     | Apricot or Black Iced Tea (unsweetened) 3.50 |
| Americano 2.75                                    | Hibiscus Cooler 3.50                         |

### • Extras •

Soy, Almond, Oat or Coconut Milk .75 • Whipped Cream .75  
Add a Shot of Espresso 1.50 • Vanilla Syrup .75

## SEASONAL SANDWICHES

- Italiano Ficelle**  
*salami, ham, provolone, pepperoncini, vinaigrette & mayo.* 9.95
- Caprese Ficelle**  
*with fresh mozzarella, dry farmed tomatoes, fresh basil, and balsamic vinaigrette.* (v) 9.50
- Milano**  
*Hard-boiled egg, sauteed spinach, mozzarella, lettuce, tomato and mayo on a francese bun.* (v) 8.95
- Turkey & Provolone Ficelle**  
*with pepperoncini and smoky French dressing.* 9.50
- Pastrami & Swiss on Rye**  
*with dijonnaise, lettuce, tomato and dill pickle.* 9.95
- Turkey B.L.T.**  
*with heirloom tomatoes, bacon, butter lettuce and mayo on Joe's Bread.* 9.95
- Texas Tri Tip with crispy onions**  
*on a francese bun with our bbq sauce, lettuce & mayo.* 9.95
- Marinated Chicken Breast**  
*with herb mayo and a splash of lemon juice on thick sliced Capitola sourdough.* 9.50
- Albacore Tuna & Cheddar**  
*on whole wheat with housemade pickles.* 9.95
- Almond Tarragon Chicken Salad Croissant** 9.95

## SALADS

- Caesar Pasta Salad** 4.25 half pint/ 8.50 pint
- Roasted Beets & Baby Spinach (v)** 4.25 half pint/ 8.50 pint
- Miss Spoon's Quinoa (v)** 3.95 half pint/ 7.95 pint
- Creamy Lemon Kale (v)** 3.95 half pint/ 7.95 pint
- Sesame Rice Noodle Salad with Tofu** 4.25 half pint/ 8.50 pint
- Fiesta Salad (v)** 3.75 half pint/ 7.50 pint
- Fresh Fruit, vegan** 4.25 half pint/ 8.50 pint
- Albacore Tuna or Almond Chicken Salad** 6.95 half pint

## COMPOSED SALADS

- Hummus & Quinoa Salad**  
*with carrots & kalamata olives (v)* 11.50
- Salmon Niçoise Salad**  
*with green beans, red potatoes and egg* 14.95
- Bistro Salad**  
*with goat cheese, dried cranberries & spiced nuts (v)* 11.50
- Caesar Salad** 9.95/ **with Chicken Breast** 12.50  
*with housemade croutons & parmesan*
- Spinach Salad**  
*with cherry tomatoes, mushrooms, hard-boiled egg, and red onion (v)* 8.50/ *With Bacon* 9.50

## GAYLE'S Weekday *Hot* Blue Plate Dinners

READY AT  
4:30 PM

MONDAY, 10/26	TUESDAY, 10/27	WEDNESDAY, 10/28	THURSDAY, 10/29	FRIDAY, 10/30
<b>Steak Diane</b> — • — Crème Fraîche Mashed Potatoes — • — Buttered Asparagus 21.95	<b>Spaghetti &amp; Tender Meatballs</b> — • — Italian Chopped Salad with salami, mozzarella & olives — • — Francese Garlic Bread 19.95	<b>Cider Brined Pork Chops</b> — • — Vermont Cheddar Mashed Potatoes — • — Buttery, Bacony Cabbage 20.95	<b>Miso Glazed Salmon</b> — • — Sticky Rice with edamame & shiitake — • — Stir Fried Baby Bok Choy with ginger & garlic 21.95	<b>Chicken Cordon Bleu</b> with gruyère & ham — • — Savory Bread Pudding — • — Green Beans with fresh thyme 20.95

*All Five Dinners are Available Cold To Go Daily thru Sunday, November 1st from 7am - 7pm*

### HOT FOOD

- Balsamic Citrus Glazed Quarter Chicken 6.95
- Lemon Marinated Chicken Breast 6.95
- BBQ Pork Ribs 8.50
- Peking Chicken Wings (4) 7.50
- Twice Baked Potato (v) 4.75
- Chicken Enchiladas 6.50
- Steamed Veggies 3.95 / 7.95
- Macaroni & Cheese (v) 4.50 / 8.95
- Penne d'Alba (v) 4.50 / 8.95
- Spinach Gorgonzola Pasta 4.50 / 8.95
- Garlic Bread (v) 2.50

### GAYLE'S OWN & SIDES

- Housemade Soup, Pint 8.75
- Black Bean & Pumpkin with Ham
- Golden Mushroom, vegan
- Garlic Bread~Francese half loaf ready for your oven. (v) 7.50
- Deviled Eggs~Traditional 10.50/6 pack
- Crostini 8.50
- Roasted Garlic & Artichoke Dip (v) 6.95
- Pimento Cheese Spread (v) 6.95
- Hummus (v) 6.95
- Red Pepper Cashew Spread (v) 7.25

### COLD GRAB & GO PASTAS & ENTREES

- Chicken Pot Pie, serves 1-2 11.95
- Bacon & Caramelized Onion Quiche, serves 1-2 11.95
- Broccoli & Cheddar Quiche, serves 1-2 11.95
- Penne d'Alba, serves 2-3 (v) 15.95
- Spinach Gorgonzola Pasta, serves 2-3 (v) 15.95
- Macaroni & Cheese, serves 2-3 (v) 15.95
- Spaghetti & Meatballs, serves 2-3 16.95
- Lasagne Bolognese, serves 3-4 26.50
- Chicken Enchiladas 12.95 for two
- Potato & Kale Enchiladas 9.95 for two
- Twice Baked Potatoes 9.50 for two
- Individual Bacon Quiche 10.95 for two
- Balsamic Citrus Glazed Quarter Chicken 6.95
- BBQ Pork Ribs, serves 3-4 19.95
- Peking Chicken Wings 14.95
- Pizza Package: Dough, Red Sauce, Mozzarella & Parmesan 10.95 With Salami 13.95 Dough Only 4.95

### WINE SELECTION

- Terrazas, Altos Del Plata, Cabernet Sauvignon, 2018 11.95
- Martin Ranch, Central Coast, Cabernet Sauvignon, 2017 25.95
- Cusumano Winery, Merlot, 2018. 14.95
- West Cliff, Pinot Gris, 2018 15.95
- Stolpman Vineyards, Sauvignon Blanc, 2018 21.95
- Chamisal Vineyard, Chardonnay, 2017 23.95

## PIES & PASTRIES

- Pumpkin Pie 20.95 / 3.95 slice  
Olallieberry Pie 28.95/ 3.95 slice  
Chocolate Eclair 5.25  
Cupcakes, *Vanilla topped with an icing pumpkin, or  
Chocolate with an icing ghost* 3.60  
Napoleon 5.25  
Florentine 3.25

## COOKIES & GOODIES

- Iced Jack O'Lantern Cookie 2.95  
Iced Bat Cookie 2.25  
Candy Corn Spritz .95  
Halloween Butterstars 1.60/ 17.50 doz  
Chocolate Coma Cookie (wf) 1.85/19.95 doz  
Ginger Cookie 1.60/ 17.50 doz  
Brookies 2.95/ 32.50 doz  
Old Fashioned Peanut Butter 2.75/ 29.25 doz  
Cowboy Cookie 2.75/ 29.25 doz  
Strawberry Shortcake 2.75/ 29.95 doz  
Toll House 1.60/ 17.50 doz/ Cookie Dough 12.50 doz  
Biscotti Bag, 12 piece 16.95

## BREAD

- Organic Joe's Bread 7.25  
Organic Capitola Sourdough  
*Round 4.25 • Sandwich 5.95*  
Olive Capitola Sourdough 5.95  
Rio Baguette, *slightly sour* 4.25  
Organic Hearty Sandwich Wheat 5.50  
Organic Old World Raisin Walnut 6.95  
Francese Baguette 4.50/ Buns 4.25 /4 pack  
Carpo's Seeded Francese 4.75  
English Toaster 4.25  
Jewish Rye 6.75

## SPECIALTY CAKES

- Jack O'Lantern Cake**  
*A pumpkin-shaped chocolate Princess Cake with a nice big smile.*
- Burnt Almond Cake**  
*Vanilla sponge cake, almond flavored pastry cream inside with vanilla buttercream and candied almonds outside.*
- Flourless Cappuccino Cake**  
*Flourless, fudgy chocolate cake filled and iced with coffee whipped cream. Vanilla whipped cream "foam" on top.*
- German Chocolate Cake**  
*Devil's food cake with coconut/caramel/pecan icing inside and on top. Finished with chocolate ganache and toasted pecans on the sides.*
- Raspberry Poppy Seed Cake**  
*Poppy seed cake with raspberry whipped cream inside & out.*
- Carrot Cake**  
*With cream cheese icing inside and outside, and hand-painted carrots.*
- Princess Cake**  
*Vanilla sponge cake with pastry cream, raspberry jam and vanilla whipped cream inside with a marzipan shell and a fresh rose.*
- New York Cheesecake**  
*In a classic graham cracker crust and topped with sour cream. 7" only. 38.00*
- Boston Cream Pie**  
*Vanilla sponge cake filled with vanilla pastry cream and topped with a chocolate ganache glaze. 7" only. 28.00*
- Key Lime Pie**  
*Creamy, sweet-tart key lime filling in a graham cracker crust topped with whipped cream. 38.00*

### CAKE PRICES, SIZES & SLICES

PRICES	AVAILABLE BY THE SLICE
5" ~ 25.00	
7" ~ 42.00	Flourless Cappuccino Cake
9" ~ 55.00	German Chocolate
5.95 slice	Carrot • Princess
	New York Cheesecake • Key Lime Pie

*Inscription on Your Cake ~ No Charge  
Fresh Flowers ~ Price Varies by Size*