

BREAKFAST

- Breakfast Burrito with Bacon 8.75 / Vegetarian 7.95
- Breakfast Biscuit 4.95 / 5.95 with Ham
- Frittata Verde (v) 6.50
- Crisp Bacon Slices (3) 4.50
- Scrambled Egg Croissant (v) 7.25 with Ham or Bacon 8.50
- Fried Egg Sandwich with Bacon or Spinach 8.00 / 7.50
- Individual Quiche: Bacon, or Tomato & Spinach (v) 5.50
- Rosemary Roasted Potatoes 3.95 / 7.95

DANISH, CROISSANT & GOODIES

- Pumpkin Muffin 3.60
- Old Fashioned Cinnamon Roll 4.75
- Croissant 2.95
- Pain d' Amande 4.25
- Chocolatine 3.95
- Kouign Amann 4.75
- Raspberry Filled Kouign Amann 5.25
- Apple Cheese Danish 3.75
- Downtowner with Sugar 3.75
- Bear Claw 4.25
- Pecan Schnecken 4.50
- Olallieberry Turnover 4.75
- Ham & Cheese Croissant 5.25
- Garlic Cheese Twist 3.75

FROM OUR ESPRESSO BAR

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| Gayle's Own Dark Roast or Decaf Coffee 2.50/2.95 | Mocha 4.25/4.75 |
| Cold Brew Coffee 3.75 | Hot Chocolate 3.00/3.50 |
| Latte or Tea Latte 3.75/4.25 | Steamer 2.50/2.75 |
| Cafe au Lait 3.75/4.25 | Chai 3.75/4.25 |
| Cappuccino 3.75 | Mocha Chai 4.25/4.75 |
| Macchiato 3.25 | Hot Tea 1.95 |
| Espresso 2.75 | Apricot or Black Iced Tea (unsweetened) 3.50 |
| Americano 2.75 | Hibiscus Cooler 3.50 |

• Extras •

- Soy, Almond, Oat or Coconut Milk .75 • Whipped Cream .75
Add a Shot of Espresso 1.50 • Vanilla Syrup .75

BOTTLED DRINKS/ BEER/ WINE ALSO AVAILABLE

(wf) = wheat free (v) = vegetarian

SEASONAL SANDWICHES

- Italiano Ficelle
salami, ham, provolone, pepperoncini, vinaigrette & mayo. 9.95
- Albacore Tuna & Cheddar on Seeded Ficelle
with housemade pickles and lettuce. 9.75
- Turkey & Swiss Ficelle
with dijonnaise and dill pickle. 9.75
- Fresh Mozzarella & Roasted Tomato Ficelle
with lemon, arugula and olives. (v) 9.50
- Roasted Vegetable & Avocado
cumin spiced carrots & garbanzos, pumpkin seeds and artichoke tapenade on Joe's bread. Vegan 8.95
- Turkey Crannie
with provolone, grated carrot, lettuce & cranberry mustard and mayo on a francese bun. 9.95
- Tri Tip with Horseradish Sauce
with pickled red onion and butter lettuce on a poppy seed challah bun. 9.95
- Marinated Chicken Breast
with herb mayo and a splash of lemon juice on thick sliced Capitola sourdough. 9.50
- Almond Tarragon Chicken Salad Croissant 9.95
- Egg Salad Sandwich
with butter lettuce on hearty wheat. 7.50

SALADS

PRICES ARE PER HALF PINT/ PINT

- Roasted Chicken & Potato with Basil 5.50/ 10.95
- Crunchy Broccoli & Pecan (v) 4.50/ 8.95
- Red, Green & Gold Kale Salad, vegan 4.25/ 8.50
- Abby's Pasta Salad (v) 4.50/ 8.95
- Italian Chopped Salad 4.75/ 9.50
- Christie's Coleslaw (v) 3.50/ 6.95
- Fresh Fruit, vegan 4.25/ 8.50
- Albacore Tuna or Almond Chicken Salad 6.95/ 13.95

COMPOSED SALADS

- Italian Chopped Salad *with salami, mozzarella, garbanzos & olives. Also available vegetarian.* 12.50/ 11.50
- Salmon Niçoise Salad *with green beans, new potatoes & hard-boiled egg* 14.95
- Bistro Salad *with goat cheese, dried cranberries and spiced nuts* (v) 11.50
- Caesar Salad 9.95/ **with Chicken Breast** 12.50
with housemade croutons & parmesan
- Spinach Salad *with cherry tomatoes, mushrooms, hard-boiled egg, and red onion* (v) 8.50/ **With Bacon** 9.50

GAYLE'S Weekday *Hot* Blue Plate Dinners

READY AT
4:30 PM

MONDAY, 11/2	TUESDAY, 11/3	WEDNESDAY, 11/4	THURSDAY, 11/5	FRIDAY, 11/6
Chicken Schnitzel with pepper bacon gravy — • — Buttermilk Mashed Potatoes — • — Buttered Green Beans 20.95	Teriyaki Salmon — • — Sticky Rice with edamame & shiitake — • — Ginger & Garlic Sauteed Spinach 21.95	Greek Flank Steak — • — Garlic Roasted Yukon Potatoes — • — Chopped Salad with feta & lemon dressing 21.95	Roast Turkey Breast & Gravy — • — Cornbread Stuffing — • — Mashed Potatoes — • — Green Beans 21.95	Swedish Meatballs with a rich, creamy sauce & lingonberry jam — • — Creamy Mashed Potatoes — • — Buttered Broccoli 19.95

All Five Dinners are Available Cold To Go Daily thru Sunday, November 8th from 7am - 7pm

HOT FOOD

- Gayle's Rotisserie Chicken
15.95/ ¼ Breast & Wing 5.95/ ¼ Leg & Thigh 4.95
- Balsamic Citrus Glazed Quarter Chicken 6.95
- Lemon Marinated Chicken Breast 6.95
- BBQ Pork Ribs 8.25
- Peking Chicken Wings (4) 7.50
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- Hot Soup of the Day 12 oz 6.50/ 32 oz 16.95
- Twice Baked Potato (v) 4.75
- Chicken Enchiladas 6.50
- Macaroni & Cheese (v) 4.50 /8.95
- Penne d'Alba Pasta
with toasted garlic, tomato sauce & mozzarella (v) 4.50 /8.95
- Spinach Gorgonzola Pasta 4.50 /8.95
- Steamed Veggies 3.95 / 7.95

• • *Check the Board for Today's Specials* • •

GAYLE'S OWN & SIDES

- Housemade Soup, Pint 8.75
Curried Chicken with Apple
Zucchini Gorgonzola, vegetarian
- Garlic Bread~*Francese half loaf ready for your oven.* (v) 7.50
- Deviled Eggs 10.50/6 pack/ 1.65 individual
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- Crostini *buttery garlic toasts* 8.50
- Roasted Garlic & Artichoke Dip (v) 6.95
- Pimento Cheese Spread (v) 6.95
- Hummus (v) 6.95
- Red Pepper Cashew Spread (v) 7.25

COLD GRAB & GO PASTAS & ENTREES

- Balsamic Citrus Glazed Quarter Chicken 6.95
- Lemon Marinated Chicken Breast 6.95
- BBQ Pork Ribs, serves 3-4 19.95
- Peking Chicken Wings 14.95
- Grilled Tri Tip 7.50
- Grilled Salmon 13.95
- Chicken Enchiladas 12.95 for two
- Potato & Kale Enchiladas 9.95 for two
- Chipotle Chicken Burrito with Black Beans & Brown Rice 8.95
- Chicken Pot Pie, serves 1-2 11.95
- Bacon & Caramelized Onion Quiche, serves 1-2 11.95
- Broccoli & Cheddar Quiche, serves 1-2 11.95
- Twice Baked Potatoes 9.50 for two
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- Spinach Gorgonzola Pasta, serves 2-3 (v) 15.95
- Penne d'Alba Pasta
with toasted garlic, tomato sauce & mozzarella (v) 15.95
- Macaroni & Cheese, serves 2-3 (v) 15.95
- Spaghetti & Meatballs, serves 2-3 16.95
- Lasagne Bolognese, serves 3-4 26.50
- Pizza Package: Dough, Red Sauce, Mozzarella
& Parmesan 10.95 With Salami 13.95

PIES & PASTRIES

- Pumpkin Pie 20.95 / 3.95 slice
- Olallieberry Pie 28.95/ 3.95 slice
- Caramel Apple Bread Pudding 5.95
- Tiramisu Parfait 5.95
- Florentine honey, almond & chocolate with candied orange 3.25
- Chocolate Eclair 5.25
- Cupcakes, Vanilla or Chocolate 3.60

COOKIES & GOODIES

- Iced Vote Cookie 1.95 ~ Nov 1st to 3rd
- Iced Unicorn Cookie 1.95 ~ Nov 4th to 8th
- Lemon Crackle Cookie 1.75/ 19.25 doz
- Cocos 1.75/ 19.25 doz
- Chocolate Coma Cookie (wf) 1.85/19.95 doz
- Ginger Cookie 1.60/ 17.50 doz
- Brookies 2.95/ 32.50 doz
- Old Fashioned Peanut Butter 2.75/ 29.25 doz
- Cowboy Cookie 2.75/ 29.25 doz
- Strawberry Shortcake 2.75/ 29.95 doz
- Butterstars 1.60/ 17.50 doz
- Toll House 1.60/ 17.50 doz/ Cookie Dough 12.50 doz
- Biscotti Bag, 12 piece 16.95
- Teal's Granola 12.50

BREAD

- Organic Joe's Bread 7.25
- Organic Capitola Sourdough
Round 4.25 • Sandwich 5.95
- Olive Capitola Sourdough 5.95
- Rio Baguette, slightly sour 4.25
- Challah Twist or Sandwich 4.75
- Muesli Bread 6.25
- English Toaster 4.25
- Organic Hearty Sandwich Wheat 5.50
- Organic Old World Raisin Walnut 6.95
- Francese Baguette 4.50/ Buns 4.25 /4 pack
- Carmo's Seeded Francese 4.75

SPECIALTY CAKES

- Burnt Almond Cake**
Vanilla sponge cake, almond flavored pastry cream inside with vanilla buttercream and candied almonds outside.
- Flourless Cappuccino Cake**
Flourless, fudgy chocolate cake filled and iced with coffee whipped cream. Vanilla whipped cream "foam" on top.
- German Chocolate Cake**
Devil's food cake with coconut/caramel/pecan icing inside and on top. Finished with chocolate ganache and toasted pecans on the sides.
- Raspberry Poppy Seed Cake**
Poppy seed cake with raspberry whipped cream inside & out.
- Carrot Cake**
With cream cheese icing inside and outside, and hand-painted carrots.
- Princess Cake**
Vanilla sponge cake with pastry cream, raspberry jam and vanilla whipped cream inside with a marzipan shell and a fresh rose.
- New York Cheesecake**
In a classic graham cracker crust and topped with sour cream. 7" only. 38.00
- Boston Cream Pie**
Vanilla sponge cake filled with vanilla pastry cream and topped with a chocolate ganache glaze. 7" only. 28.00

- Key Lime Pie**
Creamy, sweet-tart key lime filling in a graham cracker crust topped with whipped cream. 38.00

CAKE PRICES, SIZES & SLICES

PRICES	AVAILABLE BY THE SLICE
5" ~ 25.00	Flourless Cappuccino Cake
7" ~ 42.00	German Chocolate • Carrot • Princess
9" ~ 55.00	New York Cheesecake • Key Lime Pie
5.95 slice	

*Inscription on Your Cake ~ No Charge
Fresh Flowers ~ Price Varies by Size*