

BREAKFAST

- Breakfast Burrito with Bacon 8.75 / Vegetarian 7.95
- Breakfast Biscuit 4.95 / 5.95 with Ham
- Fresh Corn Frittata (v) 6.25
- Crisp Bacon Slices (3) 4.50
- Scrambled Egg Croissant (v) 7.25 with Ham or Bacon 8.25
- Fried Egg Sandwich with Bacon or Spinach 7.75 / 7.50
- Individual Quiche: Bacon, or Tomato & Spinach (v) 5.50
- Rosemary Roasted Potatoes 3.95 / 7.95

DANISH, CROISSANT & GOODIES

- Pumpkin Muffin 3.60
- Croissant 2.95
- Pain d' Amande 3.95
- Chocolatine 3.95
- Kouign Amann 4.75
- Lemon Filled Kouign Amann 5.25
- Strawberry Cream Cheese Danish 3.75
- Downtowner with Sugar 3.60
- Bear Claw 3.95
- Pecan Schnecken 4.25
- Olallieberry Turnover 4.75
- Crocodile, flaky brown sugar maple pecan pastry 4.50
- Ham & Cheese Croissant 5.25
- Garlic Cheese Twist 3.75

FROM OUR ESPRESSO BAR

- Gayle's Own Dark Roast or Decaf Coffee:
Medium: 2.50/ Large 2.95 • Any size coffee refill...1.75
- Cold Brew Coffee 3.75
 - Latte 3.75/4.25
 - Tea Latte 3.75
 - Cafe au Lait 3.75/4.25
 - Cappuccino 3.75
 - Macchiato 3.25
 - Espresso 2.75
 - Americano 2.75
 - Mocha 4.25/4.75
 - Hot Chocolate 3.00/3.50
 - Steamer 2.50/ 2.75
 - Chai 3.75/4.25
 - Mocha Chai 4.25/4.75
 - Hot Tea ~ Selection Varies 1.95
 - Apricot or Black Iced Tea (unsweetened) 3.50
 - Hibiscus Cooler 3.50

• Extras •
Soy, Almond, Oat
or Coconut Milk .75
Whipped Cream .75
Add a Shot of Espresso 1.50
Vanilla Syrup .75

(wf) = wheat free (v) = vegetarian

SEASONAL SANDWICHES

- Italiano Ficelle**
Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 9.75
- Caprese Ficelle**
with fresh mozzarella, dry farmed tomatoes, fresh basil, and balsamic vinaigrette. (v) 9.50
- Milano**
Hard-boiled egg, sauteed spinach, mozzarella, lettuce, tomato and a kiss of mayo on a francese bun. (v) 8.95
- Turkey & Provolone Ficelle**
with pepperoncini and smoky French dressing. 9.50
- Pastrami & Swiss on Rye**
with dijonnaise, lettuce, tomato and dill pickle. 9.95
- Turkey B.L.T.**
with heirloom tomatoes, smoky bacon, butter lettuce and mayo on Joe's Bread. 9.95
- Texas Tri Tip with crispy onions**
on a francese bun with house bbq sauce, lettuce & mayo. 9.95
- Marinated Chicken Breast**
with herb mayo and a splash of lemon juice on thick sliced Capitola sourdough. 9.25
- Albacore Tuna & Cheddar**
on whole wheat with housemade pickles. 9.95
- Almond Tarragon Chicken Salad Croissant** 9.95

SALADS

- Caesar Pasta Salad**
4.25 half pint/ 8.50 pint
- Roasted Beets & Baby Spinach, vegan**
4.25 half pint/ 8.50 pint
- Creamy Lemon Kale (v)**
3.95 half pint/ 7.95 pint
- Sesame Rice Noodle Salad with Tofu**
4.25 half pint/ 8.50 pint/ 12.50 1¼#
- Fiesta Salad (v)**
3.75 half pint/ 7.50 pint
- Fresh Fruit, vegan**
4.25 half pint/ 8.50 pint
- Salmon Niçoise Salad**
with green beans, red potatoes and egg 14.95
- Bistro Salad**
with goat cheese, dried cranberries & spiced nuts (v) 11.50
- Caesar Salad** 9.95/ **with Chicken Breast** 12.50
with housemade croutons & parmesan
- Spinach Salad**
with cherry tomatoes, mushrooms, hard-boiled egg, and red onion with poppy seed dressing (v) 8.50/ *With Bacon* 9.50
- Albacore Tuna or Almond Chicken Salad** 6.95 half pint

GAYLE'S Weekday *Hot* Blue Plate Dinners

READY AT
4:30 PM

MONDAY, 10/5	TUESDAY, 10/6	WEDNESDAY, 10/7	THURSDAY, 10/8	FRIDAY, 10/9
Italian Pot Roast - • - Parmesan Smashed Potatoes - • - Peas & Pancetta with crispy shallots 19.95	Pork Loin with apricot & sourdough stuffing - • - Vermont Cheddar Mashed Potatoes - • - Buttery, Bacony Cabbage 19.95	Beef Bourguignon - • - Parslied Pappardelle Pasta - • - Green Goddess Salad 19.95	Chicken & Dumplings in a light cream sauce with carrots, celery & thyme - • - Buttermilk Mashed Potatoes - • - Fresh Green Beans 19.95	Grilled Salmon with basil butter - • - Fresh Corn Pudding - • - Caprese Salad 21.95

All Five Dinners are Available Cold To Go Daily thru Sunday, October 18th from 7am - 7pm

HOT FOOD

- Balsamic Citrus Glazed Quarter Chicken 6.95
- Lemon Marinated Chicken Breast 6.95
- BBQ Pork Ribs 8.25
- Peking Chicken Wings (4) 7.50
- Twice Baked Potato (v) 4.75
- Chicken Enchiladas 6.50
- Steamed Veggies 3.95 / 7.95
- Macaroni & Cheese (v) 4.50 / 8.95
- Penne d'Alba (v) 4.50 / 8.95
- Spinach Gorgonzola Pasta 4.50 / 8.95
- Garlic Bread (v) 2.35

GAYLE'S OWN & SIDES

- Housemade Soup, Pint 8.75
French Onion with gruyère toasts
Carrot Ginger
- Garlic Bread~*Francesse half loaf ready for your oven.* (v) 7.50
- Deviled Eggs~*Traditional* 10.50/6 pack
- Crostini 8.50
- Roasted Garlic & Artichoke Dip (v) 6.95
- Pimento Cheese Spread (v) 6.95
- Hummus (v) 6.95
- Red Pepper Cashew Spread (v) 7.25

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COLD GRAB & GO PASTAS & ENTREES

- Chicken Pot Pie, serves 1-2 11.95
- Bacon & Caramelized Onion Quiche, serves 1-2 11.95
- Broccoli & Cheddar Quiche, serves 1-2 11.95
- Penne d'Alba, serves 2-3 (v) 15.95
- Spinach Gorgonzola Pasta, serves 2-3 (v) 15.95
- Macaroni & Cheese, serves 2-3 (v) 15.95
- Spaghetti & Meatballs, serves 2-3 16.95
- Lasagne Bolognese, serves 3-4 26.50
- Chicken Enchiladas 12.95 for two
- Potato & Kale Enchiladas 9.95 for two
- Twice Baked Potatoes 9.50 for two
- Individual Bacon Quiche 10.95 for two
- Balsamic Citrus Glazed Quarter Chicken 6.95
- BBQ Pork Ribs, serves 3-4 19.95
- Peking Chicken Wings 14.95
- Pizza Package: Dough, Red Sauce, Mozzarella & Parmesan 10.95 With Salami 13.95 Dough Only 4.95

WINE SELECTION

- Terrazas, Altos Del Plata, Cabernet Sauvignon, 2018 11.95
- Martin Ranch, Central Coast, Cabernet Sauvignon, 2017 25.95
- Cusumano Winery, Merlot, 2018. 14.95
- West Cliff, Pinot Gris, 2018 15.95
- Stolpman Vineyards, Sauvignon Blanc, 2018 21.95
- Chamisal Vineyard, Chardonnay, 2017 23.95

PIES & PASTRIES

- Pumpkin Pie 20.95 / 3.95 slice
- Olallieberry Pie 28.95/ 3.95 slice
- Mini Chocolate Chip Cheesecake 6.95
- Chocolate Eclair 5.25
- Cupcakes, Vanilla with rainbow sprinkles, or Chocolate with chocolate sprinkles 3.60
- Napoleon 5.25
- Fresh Berry Tartes & Tartlettes 33.95 whole /6.25 ea

COOKIES & GOODIES

- Iced Bat Cookie 2.25
- Triple Chocolate Chunk Cookie 2.95/ 32.50 doz
- Ginger Cookie 1.60/ 17.50 doz
- Brookies 2.95/ 32.50 doz
- Old Fashioned Peanut Butter 2.75/ 29.25 doz
- Cowboy Cookie 2.75/ 29.25 doz
- Butterstars 1.60/ 17.50 doz
- Strawberry Shortcake 2.75/ 29.95 doz
- Toll House 1.60/ 17.50 doz/ Cookie Dough 12.50 doz
- Biscotti Bag, 12 piece 16.95
- Teal's Granola 12.50

BREAD

- Organic Joe's Bread 7.25
- Organic Capitola Sourdough
Round 3.95 • Sandwich 5.75
- Olive Capitola Sourdough 5.75
- Rio Baguette, slightly sour 4.25
- Organic Hearty Sandwich Wheat 5.50
- Organic Old World Raisin Walnut 6.95
- Francese Baguette 4.50/ Buns 4.25 /4 pack
- Carpo's Seeded Francese 4.75
- English Toaster 4.25
- Jewish Rye 6.75

SPECIALTY CAKES

- Crazy Berry**
Vanilla sponge filled with raspberry, strawberry and blackberry jams & buttercreams, iced with vanilla buttercream and topped with a few fresh assorted berries.
- Salted Caramel Cake**
Devil's food cake with a housemade salted caramel filling and a dark chocolate icing, topped with flaked sea salt.
- Flourless Chocolate Hazelnut Cake**
Flourless, fudgy chocolate cake iced with chocolate hazelnut whipped cream, a ganache drip & chopped hazelnuts on top.
- Lemon Lovers**
Vanilla sponge cake, lemon curd & lemon buttercream inside, and out and topped with a cute pair of bees.
- Old Fashioned Chocolate Cake**
Five layers of devil's food cake with a fluffy powdered sugar old fashioned chocolate buttercream inside and out.
- Carrot Cake**
With cream cheese icing inside and outside, and hand-painted carrots.
- Princess Cake**
Vanilla sponge cake with pastry cream, raspberry jam and vanilla whipped cream inside with a marzipan shell and a fresh rose.
- Chocolate Mousse Cake**
Devil's food cake, chocolate mousse & light chocolate whipped cream inside with chocolate ganache & ground hazelnuts on the outside.
- Key Lime Pie**
Creamy, sweet-tart key lime filling in a graham cracker crust topped with whipped cream and whipped cream rosettes. 38.00

CAKE PRICES, SIZES & SLICES

PRICES	AVAILABLE BY THE SLICE
5" ~ 25.00	Princess • Carrot • Chocolate Mousse
7" ~ 42.00	Flourless Chocolate Hazelnut Cake
9" ~ 55.00	Key Lime Pie
5.95 slice	

*Inscription on Your Cake ~ No Charge
Fresh Flowers ~ Price Varies by Size*